#### NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 3) renewed often during the day by means of the spiritual communion that consists in an ardent desire to receive Jesus in the Blessed Sacrament and in a loving conversation as if we had already received Him. (St. Alphonsus Liguori, Visits to the Blessed Sacrament, Introduction, III) We will receive many Graces and be given help to work better and serve others. It will be easier for us to place the Holy Mass at the center of our day.

The Visit to the Blessed Sacrament is also a very beneficial practice, a manifestation of our gratitude, a sign of the love and adoration we owe our Lord. (St. Paul VI, Encyclical, Mysterium Fidei, 3 September 1965, 67) There is no better place than before the Tabernacle for those intimate, personal conversations that are required for permanent union with Christ. That is the most appropriate place for our dialogue with our Lord - as is clear from the lives of the saints - and for giving impulse to continuous prayer during work, in the street... everywhere. Sacramentally present, the Lord sees us and hears us with greater intimacy. His heart still beats out of love for us and is the source of all life and holiness. (Litany to the Sacred Heart; cf. Pius XII, Encyclical, Haurietis Aquas, 15 May 1956, 20, 34) He invites us daily to return the visit that He made to us, coming sacramentally into our soul. He tells us, 'You too come away to a desert place to rest awhile.'

Near Him we will find peace if we have lost it, strength to finish well the work at hand, and joy in the service of others. What shall we do, you ask, in the presence of the Blessed Sacrament? Love Him, adore Him, thank Him and ask Him. What does a poor man do in the presence of a rich man? A sick man in the presence of a doctor? One who is thirsty at the sight of a crystal-clear fountain? (St. Alphonsus Liguori, *op. cit.*)

Jesus has what we lack and need. He is our strength along the road of life. Let us ask Our Lady to show us how to receive Him with the

purity, humility and devotion with which she received Him, with the spirit and fervor of the saints." (From: In Conversation with God by Francis Fernandez)

Through the intercession of the Immaculate Heart of Mary, St. Joseph, St. Michael and St. Paul, may God grant us the grace of great love for Jesus, truly present in the Holy Eucharist! In Christ through Mary,

Fr. Kasel

#### WORDS TO LIVE BY:

"If we but paused for a moment to consider attentively what takes place in this Sacrament (Holy Eucharist), I am sure that the thought of Christ's love for us would transform the coldness of our hearts into a fire of love and gratitude." St. Angela of Foligno

"When you have received Him, stir up your heart to do Him homage; speak to Him about your spiritual life, gazing upon Him in your soul where He is present for your happiness; welcome Him as warmly as possible, and behave outwardly in such a way that your actions may give proof to all of His Presence." St. Francis de Sales

"What wonderful majesty! What stupendous condescension! O sublime humility! That the Lord of the whole universe, God and the Son of God, should humble Himself like this under the form of a little bread, for our salvation" "...In this world I cannot see the Most High Son of God with my own eyes, except for His Most Holy Body and Blood." St. Francis of Assisi

"All the good works in the world are not equal to the Holy Sacrifice of the Mass because they are the works of men; but the Holy Mass is the work of God. Martyrdom is nothing in comparison for it is but the sacrifice of man to God; but the Holy Mass is the sacrifice of God for man." St. John Vianney, Cure d'Ars



### August 8, 2021 Nineteenth Sunday in Ordinary Time

#### Father Randal Kasel, Pastor frkasel@bevcomm.net

Iosefina Meyer & Sara McNamara, Staff CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992 Office: 732-5324 Fax: (507) 732-5347 Email: stpauls@hcinet.net OFFICE HOURS: Tues & Thurs 9am-noon,1-5pm, Wed Closed, Fri 9am-noon CHURCH OF ST. MICHAEL 451 5th St. SW, Pine Island, MN 55963 Office: 356-4280 Fax: (507)356-2080 Email: stmichaeloffice@bevcomm.net OFFICE Hours: Tues-Thurs 9am-noon &1pm-5pm, Fri 9am-noon

Website: http://www.stpaulstmichael.com ULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hainet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the ight to edit articles as time and space allows.

### From Father Kasel

Praised be Jesus Christ through Mary! Dear Brothers and Sisters in Christ Jesus,

The month of August is dedicated to devotion to the Immaculate Heart of Mary. Let us ask our good Lord and St. Joseph for the grace to know and understand the Flame of Love of the Immaculate Heart of Mary and to place our trust in our Blessed Mother's loving intercession!

This Sunday I share with you a meditation on the Holy Eucharist. I encourage you to reflect over this message a few times this week:

"The Living Bread - Communion restores and renews our strength, so that we may reach Heaven. The Viaticum: In the First Reading of today's Holy Mass (1 Kings 19:4-8) we read that Elias the prophet, fleeing from Jezebel, went to Horeb, the holy mountain. During the long and difficult journey, he felt so tired he wished to die. Enough, Yahweh, he said. Take up my soul, for I am no better than my fathers. And lying down there, he fell asleep. But an angel of the Lord woke him and offered him bread saying, Rise up and eat, for you still have a long journey ahead. Elias arose, ate and drank, and strengthened by the meal walked forty days and forty nights to the mountain of God. What he could not do of his own strength, he could do with the meal that the Lord gave him when he was most distraught.

The holy mountain which was the prophet's destination is an image of Heaven. The forty days of travel represents our journey through life, during which we too encounter temptations, difficulties and fatigue. At times we too may find ourselves distraught and without hope. As the Angel does, so does the Church invite us to nourish ourselves with the Bread - in all ways unique - that is Christ Himself, present in the Holy Eucharist. In Him we will find the strength to reach Heaven, in spite of our weakness.

Holy Communion was called the Viaticum during the early years of Christianity, drawing an analogy between this Sacrament and the viaticum, or provisions of food and money, that Romans took with them on long journeys. Later, this term was reserved for the spiritual assistance - in particular, the Holy Eucharist - that the Church gives to her children during the final and definitive stage of their journey to Eternal Life. (cf. A. Bride, Viatique, in DTC, XC, 2842-2858) The first Christians had the custom of taking Communion to those imprisoned, especially when their martyrdom drew near. (cf. St. Cyprian, De Lapsis, 13; Vita Basilii 4: PG 29, 315; Acts of the Martyrs, etc.) St. Thomas teaches that this Sacrament is called the Viaticum because it prefigures the joy of possessing God in our true homeland, and because it makes it possible for us to reach that goal. (cf. St. Thomas, Summa Theologiae, 3, q. 74, a. 4) It is our great help during our life, and especially near the end of the road when the attacks of the enemy may be all the more intense. This is the reason why the Church has always recommended that no Christian should die without it. From the very beginning, the need - and the obligation - to receive this Sacrament was evident, even though one might already have received Communion on that day. (Code of Canon



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

#### **SACRAMENTS**

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes. Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

**WEEKEND HOLY MASS SCHEDULE:** 

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:25am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

**WEEKDAY HOLY MASS SCHEDULE** 

Church of Saint Paul - Tuesday and Thursday Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday Confession 8am and Mass 8:30am

*Law*, canon 921, 2)

We may also recall today the obligation - at times grave - that we have to do everything possible so that no relative, friend or colleague of ours dies without the spiritual assistance that our Mother the Church provides for the final moments of our journey. This is the best and most effective and perhaps the last possible manifestation of charity and affection towards those persons here on earth. The Lord rewards us with a deep joy when we fulfil this most agreeable, though at times difficult, duty.

Throughout our life, deeds should express our gratitude to our Lord for many things, but especially for having given us Holy Communion. Our gratitude will be shown in preparing to receive Him better each day, and in receiving Him fully aware that He gives us more than He gave Elias - all the strength we need to travel resolutely down the road of sanctity.

The Bread of life. Effects of Holy Communion in the soul: I am the Bread of Life... Jesus tells us in the Gospel (continued on page 3)

This weekend we welcome Archbishop Hebda for the 10:30AM Holy Mass at the Church of St. Michael!

27th Annual St. Paul CCW Salad Luncheon— Wednesday, August 11, 2021 11:00am to 1:00pm at the Church of St. Paul, Zumbrota. See page 3 for details. All are invited!

CANDENDENDENDENDENDENDE

The next Holy Hour for Men will be on Sunday, August 8, at 6:30pm at the Church of St. Michael, Pine Island. All men invited!

#### CHURCH OF SAINT MICHAEL NEWS

#### Catholic Vacation Bible School 2021

AUGUST 9-13, 8:30am-noon at Church of St. Michael Registration form is available at the entrance of the Church.

Please Mark your Calendars! SEPTEMBER 18-19, 2021

## Church of St. Michael FALL FESTIVAL

Baskets/Items for the Fall Festival Silent Auction: Calling all parishioners! We are looking for silent auction baskets and items for our silent auction fundraiser. Please make any type of "basket" that you like or any individual items, including religious items, gift certificates, gift cards, homemade item or purchased items. Please drop off any items at the parish office.

#### Reflection from the Spiritual Canticle by St John of the Cross:

"The soul united to God and transformed in Him draws from within God a Divine Breath, much like the most high God Himself. And God, abiding in the soul, breathes forth the Life of the soul as its exemplar. This I take to be what Paul meant when he said: *Because you are Children of God, God has sent the Spirit of his Son into your hearts, crying, "Abba, Father;"* this is what takes place in those who have achieved perfection.

One should not wonder that the soul is capable of so sublime an activity. For if God so favors her that she is made God-like by union with the most Holy Trinity, I ask you then, why it should seem so incredible that the soul, at one with the Trinity and in the greatest possible likeness to it, should share the understanding, knowledge and love which God achieves in Himself?

How this is possible no other power or wisdom can express, save by explaining how the Son of God obtained this sublime state for us and won for us the power to be the Children of God, as He asked of the Father. Father, I desire that where I am those you have given me may also be with me, that they may see the glory you have given me, that is, that they may share with certainty the very task I perform?

And then He said: Not for them alone do I ask but also for those who will come to believe in me through their teaching, that all may be one as you, Father, are one in me and I in you, that they may be one in us; that the world may believe that you have sent me. And the glory you have given me I have given them that they may be one as we are. I in them, you in me, that they may be made perfect, and the world will know that you sent me and as you have loved me, so I have loved them. The Father thus gives them the same love He shares with the Son, though not by nature as with the Son, but through unity and transformation of Love. One should not think that the Son is asking the Father to make the saints one with Him in essence and nature as the Son is with the Father, but rather that they be united with Him in Love, just as the Father and Son are one in the essential unity of Love. Accordingly, souls possess the same goods by participation that the Son possesses by nature. As a result, they are truly Divine by participation, equals and companions of God.

Thus Peter said: May grace and peace be perfected in you in the knowledge of God and Christ Jesus our Lord. For all things of his divine power, which are given to us for our life and goodness, are given through the knowledge of him who called us to his own glory and power, by which he has given us great and precious promises, that by these we may be made partakers of the divine nature. So the soul, in this union which God has ordained, joins in the work of the Trinity, not yet fully as in the life to come, but nonetheless even now in a real and perceptible way. O my soul, created to enjoy such exquisite gifts, what are you doing, where is your life going? How wretched is the blindness of Adam's children, if indeed we are blind to such a brilliant light and deaf to so insistent a voice."

# Historic Church of St. Rose 2021 Ice Cream Social Sunday, August 15, 1:00 to 5:00pm

Join us as we celebrate the Annual Ice Cream Social at the Church of St. Rose in Cherry Grove Township (8778 Cty. Hwy 11 Blvd., Kenyon, MN, 55946). Historic presentations will occur at 1:30pm and 4pm. More information can be found at <a href="https://www.friendsofstrose.org">www.friendsofstrose.org</a>

Pine Island Food Shelf: items requested for Aug.: Paper products

#### WEEKLY TITHING for July 31-August 1, 2021

 Sunday Envelopes:
 \$ 1,823.00

 Plate:
 \$ 1,204.30

 EFT:
 \$ 1,552.50

 Total:
 \$ 4,579.80

St. Pio KC Family Night – August 11! The St. Pio KC Family Night will be on August 11th!! All current knights and men interested in joining the Knights and families are welcome! It will be a steak dinner for adults and hot dogs for kids. All sides and drinks are included. (All free). Just come and have fun. Please RSVP to Grand Knight Ben by August 9th at <a href="mailto:beneirikson@gmail.com">beneirikson@gmail.com</a>. We will pray the Rosary at 5:30pm and the meal will be at 6pm.

#### Rosary procession: Join us for a Rosary procession and parish meal and social in honor of the Blessed Virgin Mary on Sunday, August 15 from 4pm - 8:30pm!

The parish will provide pizza for the meal - serving at 5pm.

Please bring a dish to pass. The Rosary procession with the statue of Our Lady of Fatima will begin at approximately 6:15pm. We plan to process several blocks through the city. Ice cream will be served after the procession. Plan now to come and honor our blessed Mother on her Feast Day!



Join the Journey this Fall! Plan to join us this fall to help shape the future of our local Church through the ongoing Archdiocesan Synod process. Archbishop Hebda needs your input in how to best form:

\*Parishes that are in the service of evangelization;

\*Missionary disciples who know Jesus's love and respond to his call; and \*Youth and young adults in and for a Church that is always young. Join a small group meetings for discussion and give feedbacks on priorities within each Synod focus area starting Sunday, September 26 at the Church of St. Michael, Pine Island. For questions, please contact any member of the Synod core group of St. Michael: Rob & Susan Bestgen, Brian & Katie Brost, Ted & Sarah Bauer, Ron & Paula Breid, Carol Berns, Barb Keehn, Lynn Kemmetmueller, Josefina Meyer, and Fr. Kasel.

#### **HOLY MASS TIMES**

Monday, August 9, 2021

8:30am Holy Mass

Tuesday, August 10, 2021

8:30am Holy Mass

Wednesday, August 11, 2021

8:00am Confessions/8:30am Holy Mass

12:15pm- 5:00pm Adoration of the Blessed Sacrament

Thursday, August 12, 2021

8:30am Holy Mass

Friday, August 13, 2021

8:00am Confessions/8:30am Holy Mass

Saturday, August 14, 2021

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, August 15, 2021 Solemnity of the Assumption of BVM

7:00am Extraordinary Form Holy Mass

10:30am Holy Mass

#### HOLY MASS INTENTIONS

August 9, 2021	Leah Monosmith
August 10, 2021	Hernandez Family (Shawn Hernandez)
August 11, 2021	Special Intention
August 12, 2021	†Joseph Sutton (Paul Sutton)
August 13, 2021	L.V.M.
August 14, 2021	†James Clemens (Betty Clemens & Family)
August 15, 2021	
August 15, 2021	Parishioners

#### CHURCH OF SAINT PAUL NEWS

#### Catholic Vacation Bible School 2021

AUGUST 9-13, 2021 8:30am-12:00noon Church of St. Michael for children 4 yrs old-6th gr.

A Radical Ride on the Wings of Prayer ...
with Amazing Angels & Super Saints!

The overall goal of this week-long program is to help children learn more about prayer and how to put it into action.

\*Daily Mass is offered in Church each weekday at 8:30am\*

Registration form is available at the entrance of the Church

Come and experience the CVBS at the

Church of St. Michael this summer!

(from page 1) of the Holy Mass. (John 6:48-51) *If anyone eats of this Bread, he shall live forever; and the Bread that I will give is My Flesh for the life of the world.* 

Today our Lord forcefully reminds us that we need to receive Him in Holy Communion in order to participate in the Divine Life, to overcome temptations, to foster and nourish the Life of Grace born in us through Baptism. Whoever receives Communion in a State of Grace participates in the fruits of the Holy Mass and obtains benefits that are proper and specific to the reception of the Sacrament. He receives Christ Himself, the source of all grace... Thus, the Holy Eucharist is the greatest Sacrament, the center and summit of all the rest. The true presence of Christ in this Sacrament gives it an infinite supernatural effectiveness.

There is no greater joy in this life than to receive our Lord. When we wish to give ourselves to others we often give them something that belongs to us, or something we know to symbolize a deeper attitude of affection, of love. But we always encounter some limitation to our self-giving. In Holy Communion, Divine Power surpasses all human limitations: under the Eucharistic species, Christ gives Himself to us completely. Love achieves her ideal in this sacrament - complete identification with the person loved and longed for.

When two pieces of wax are put into the fire, they melt and become as a single thing. Something similar occurs when we participate in the Body of Christ and in His Precious Blood. (St. Cyril of Alexandria, Commentary of St. John's Gospel, 10:2) Truly there is no greater joy or greater good than to receive Christ Himself in Holy Communion with dignity.

The soul cannot but be grateful when, fighting off all routine, we frequently consider the richness of this Sacrament. The Holy Eucharist is for the spiritual life what food is for the life of the body. Just as food strengthens us and prevents weaknesses and death, so the Holy Eucharist frees us from venial sins which weaken and debilitate the soul, and preserves us from mortal sins which cause its death. Food restores our strength and our health. Through frequent or daily Communion spiritual life becomes fuller and the soul is enriched with virtues. The person receiving Communion receives a sure sign of Eternal Life. (St. Paul VI, Instruction, Eucharisticum Mysterium, 15 August 1967, 37) Just as food is needed for the growth of the body, the Holy Eucharist increases our sanctity and consolidates our union with God, because participating in the Body and Blood of Christ transforms us into that which we receive. (ibid., 7)

Communion helps us to give of ourselves in family life; it moves us to work with joy and with perfection; it strengthens us to bear with human and supernatural elegance the difficulties and errors of ordinary life.

The Master is here and He calls you (John 11:28), we are told every day. Let us not ignore the invitation. Let us go with joy and well prepared to meet Him. We have everything to gain from the encounter.

Frequent or daily reception of this sacrament. The Visit to the Blessed Sacrament; spiritual communions throughout the day: Because we have many weaknesses we should frequently seek the Master in Holy Communion. *The banquet is prepared* (Luke 14:16) and many are invited, although few attend. How can we excuse ourselves? Love destroys all excuses.

The desire to receive this sacrament can be (continued on page 4)

#### WEEKLY TITHING for August 1, 2021

 Sunday Envelopes:
 \$ 1,480.00

 Plate:
 \$ 93.00

 EFT
 \$ 1,765.00

 Total:
 \$ 3,338.00





Salads, Cheese Tray, Deviled Eggs, French Bread, & Beverages Adults: \$10.00 / Children 6-12: \$4.00 / Preschool FREE St. Paul CCW Ladies: Please pull out your favorite recipes and plan to supply a salad! There is a signup sheet in the church entry to indicate what you wish to bring and when you wish to work. Your salad should serve 20. Drop-off times: Tues., Aug. 10, 6:30 -7:30 pm or Wed., Aug. 11, 8-10am. Cash donations to purchase

**Join the Journey this Fall!** Plan to join us this fall to help shape the future of our local Church through the ongoing Archdiocesan Synod process. Archbishop Hebda needs your input in how to best form:

cheese, dessert, and beverages will be greatly appreciated. Thanks!

\*Parishes that are in the service of evangelization;

ory, Maggie Eggerichs, Josefina Meyer, and Fr. Kasel.

\*Missionary disciples who know Jesus's love and respond to his call; and

\*Youth and young adults in and for a Church that is always young.

Join a small group meetings for discussion and give feedbacks on priorities within each Synod focus area starting Sunday, September 26 at the Church of St Paul, Zumbrota. For questions, please contact any member of the Synod core group of St. Paul: Byron & Barb Boraas, Gary & Louise Gerken, Randy & Shirley Greg-

#### PRO LIFE QUOTES

"The primary moral judgment on candidates and their positions is to be made in the light of their concern for protecting human life from conception to natural death." *Francis Cardinal George* 

"A Christian can never conform to a law which is in itself immoral, and such is the case of a law which would admit in principle the liceity of abortion. Nor can a Christian take part in the propaganda campaign in favor of such a law or vote for it... On the contrary, it is the task of law to pursue reform of society and conditions of life in all its milieu, starting with the most deprived, so that always and everywhere it may be possible to give every child coming into this world a welcome worthy of a person." Declaration on Procured Abortion, Vatican, 1974

Help spread the Pro- Life message! The Goodhue County MCCL (Minnesota Citizens Concerned for Life) fair booth is in need of volunteers to cover 2 hour shifts at the booth. All the information is written down, so no experience is necessary. Fair dates are August 10-14. Contact Maggie Eggerichs 507/951-2316.

#### **HOLY MASS TIMES**

#### Tuesday, August 10, 2021

7:15am Confessions/7:30am Holy Mass (note time) 8:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, August 12, 2021

7:15am Confessions/7:30am Holy Mass (note time)

Sunday, August 15, 2021 Solemnity of Assumption of BVM 8:20am Rosary /8:25am Confessions

8:45am Holy Mass - On 1st, 3rd, & 5th Sundays of the month versus populum; 2nd & 4th ad Orientem

#### **HOLY MASS INTENTIONS**

August 10, 2021 The Charba & Huss families, living & deceased

August 12, 2021 Martha Murray (Char Murray)

August 15, 2021 Parishioners

