

September 21, 2025
Twenty-fifth Sunday in Ordinary Time

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BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!
Dear Brothers and Sisters in Christ Jesus,
During this month of September, Catholics are encouraged to grow in our devotion to the Triumph of the Holy Cross of our Lord Jesus (September 14) and the Sorrows of the Blessed Virgin Mary (September 15). Next week we will celebrate the Feast of one of our great patrons, St. Michael – along with St. Gabriel and St. Raphael (September 29)! Monday, September 23, we celebrate the feast of St. Padre Pio. I encourage you to have devotion to this great Saint!

“Padre Pio was born on May 25, 1887 in Pietrelcina, southern Italy. He was tutored privately until his entry to the novitiate of the Capuchin Friars at the age of 15. Of feeble health but strong will, with the help of Grace, he completed the required studies and was ordained a priest in 1910.

On September 20, 1918 the five wounds of our Lord’s Passion appeared on his body, making him the first stigmatized priest in the history of the Catholic Church. Countless persons were attracted to his confessional and many more received his saintly counsel and spiritual guidance through correspondence.” (<https://saintpiofoundation.org>)

“Here are five habits St. Padre Pio believed all Catholics should practice, based on advice he gave to his spiritual children.

I. Weekly Confession: ‘Confession is the soul’s bath. You must go at least once a week. I do not want souls to stay away from confession more than a week. Even a clean and unoccupied room gathers dust; return after a week and you will see that it needs dusting again!’

II. Daily Communion: ‘It is quite true, we are not worthy of such a gift. However, to approach the Blessed Sacrament in a state of mortal sin is one thing, and to be unworthy is quite another. All of us are unworthy, but it is He who invites us. It is He who desires it. Let us humble ourselves and receive Him with a heart contrite and full of love.’

III. Examination of Conscience Every Evening: ‘Someone once told Padre Pio that he thought a nightly examination of conscience was pointless because he knew what was sin as it was committed. To this, Padre Pio replied, “That is true enough. But every experienced merchant in this world not only keeps track throughout the day of whether he has lost or gained on each sale. In the evening, he does the bookkeeping for the day to determine what he should do on the morrow. It follows that it is indispensable to make a rigorous examination of conscience, brief but lucid, every night.’

IV. Daily Spiritual Reading: ‘The harm that comes to souls from the lack of reading holy books makes me shudder... What power spiritual reading has to lead to a change of course, and to make even worldly people enter into the way of perfection.’

V. Mental Prayer Twice Daily: ‘If you do not succeed in meditating well, do not give up doing your duty. If the distractions are numerous, do not be discouraged; do the meditation of patience, and you will still profit. Decide upon the length of your medita-

Welcome to the Churches of

St. Paul &

St. Michael



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

tion, and do not leave your place before finishing, even if you have to be crucified. Why do you worry so much because you do not know how to meditate as you would like? Meditation is a means to attaining God, but it is not a goal in itself. Meditation aims at the love of God and neighbor. Love God with all your soul without reserve, and love your neighbor as yourself, and you will have accomplished half of your meditation.” (St. Padre Pio’s five point rule was taken from the article, *Saint Padre Pio*, by Rev. Father Jean, OFM., Cap.)

Through the intercession of Mary, Our Lady of Sorrows, St. Joseph, St. Paul, St. Michael, and St. Padre Pio, may God bless our families, all our parishioners and our Archdiocese with His Peace and Joy! In Christ through Mary,
Fr. Kasel

CHURCH OF ST. MICHAEL FALL FESTIVAL OCTOBER 3 & 5, 2025

Friday, October 3: 4:00-7:30pm

Our fabulous St. Michael Fish Fry!

Mums available for sale! Art & Craft Vendors!

Sunday, October 5: 10:00am-3:00pm

Kids outdoor games (11:45am), Cornhole Tournament (1:00pm), Fall Mums for Sale, Silent Auction, Art & Craft Vendors, Food available for free-will offering (See page 2 for details)

Rosary Coast To Coast Event: Join us on Sunday, October 5, at the Church of St. Michael to pray the Rosary together at approximately 3:00pm as part of a nationwide Rosary rally. See page 2 for details.

The next **Holy Hour for Women** will be Sunday, September 28 at 6:00pm at the Church of St. Michael. Fr. Kasel will give a talk on: *Devotion to the Holy Angels*. All women are invited!

CHURCH OF SAINT MICHAEL NEWS

CHURCH OF St. Michael FAITH FORMATION:

The next Faith Formation session will be on **Wednesday, October 1** at the Church of St. Michael.

Topic for October:

Chap. 13 *Mary, Mother of God and the Church* (PreK- Grade 3);
Chap. 22 *Perfect Christian Love* & Chap. 23 *Duties Flowing from Love of God & Others* (Grades 4-6); Chap. 20 *The Church, The People of God* & Chap. 21 *The Church as a Community* (Confirmation 1, 2, & Adults)

Below is the schedule:

6:00-6:30pm - Meal
6:35-7:25pm - Children Class/Parent & Adult Session
7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and game night Wednesday, **September 24**, from 6:30-8:30pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk. All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish offices! God bless you!

Rosary Coast To Coast Event - Sunday, October 5, 2025:

Join us on **Sunday, October 5**, for the Rosary Coast to Coast Event at the Church of St. Michael. This event is part of a nationwide prayer campaign for the healing of our Church and our Nation, culminating in the public recitation of the Rosary by a multitude of prayer warriors in many locations across the United States on October 5. The Rosary will start at approximately 3pm when the Fall Festival activities are finished. Please call the parish office for more information or contact Ann Tescher.



Andrew Dinner: Tuesday, October 14, at 6 – 8pm, at St. Joseph Hall Archdiocesan Catholic Center, 777 Forest Street St. Paul. Operation Andrew Dinner is for Catholic men, 16 and older, who are interested in the priesthood. Andrew Dinners are hosted by Archbishop Bernard Hebda and Father Mark Pavlak, Vocation Director. Typically, guests attend with their pastor, religious or youth minister and meet them at the Archdiocesan Catholic Center for the Andrew Dinner. Register on-line before Thursday, October 9. Go to <https://www.10000vocations.org/andrew-dinner.html> for registration and more information.

40 Days for Life Prayer Vigil: From September 24 to November 2, you're invited to join other Christians for 40 Days for Life – 40 days of prayer and fasting for an end to abortion. You're also invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside Rochester Planned Parenthood, and also to help spread the word about this important community outreach. If you'd like more information – and especially if you'd like to volunteer to help, please contact: Margaret Mulligan at 40daysforliferoch@gmail.com or <https://www.40daysforlife.com/rochester>

Institute of Catholic Culture Lecture Series:

THE CHURCH'S BEST KEPT SECRET: *Catholic Social Teaching from Leo XIII to Leo XIV*

"Now, it is to the interest of the community, as well as of the individual, that peace and good order should be maintained; that all things should be carried on in accordance with God's laws and those of nature; that the discipline of family life should be observed and that religion should be obeyed..." Thus wrote Pope Leo XIII in the landmark encyclical, *Rerum Novarum*. Nowadays there are "new things" to address, and a new Leo in the papacy, but the timeless truths of Catholic Social Doctrine continue to inform the Church's response to modern social questions.

Details: Monday, September 29

Pre-Class Discussion: 7:30pm EST Lecture: 8:00pm EST

Instructor: Most Rev. James D. Conley, D.D., S.T.L.

Registration is required. <https://instituteofcatholicculture.org/events/catholic-social-teaching/>

Pine Island Food Shelf: items requested for September: Cereals including oatmeal

WEEKLY TITHING September 13-14, 2025

Sunday Envelopes:	\$ 1,875.00
Plate:	\$ 1,674.00
EFT:	\$ 960.00
Total:	\$ 4,509.00

Gaza Relief Collection: \$ 563.00

FALL FESTIVAL at the Church of St. Michael October 3 & 5, 2025

Friday, October 3:

Our fabulous St. Michael Fish Fry - 4:00-7:30pm

Both baked & fried fish will be offered! Take out available!

Prices: Adults \$15.00, Children 5-12 \$6.00, Family maximum \$45.00
Mums available for sale! Art & Craft Vendors!

Sunday, October 5:

Kids Games will start at 11:45am.

New this year, Cornhole tournament! There will be separate games for adults and for children. Registration will be from 12noon to 1pm and tournament will begin at 1pm.

Food available for free-will offering (smoked pork sandwich).

Silent Auction until Sunday at 2pm.

Art & Craft Vendors on Friday evening & Sunday. (If you are interested in a site for crafts you make, it is only \$25 - contact the parish office at stmichaeloffice@bevcomm.net.)

Fall Mums are currently available for sale. Prices are:

\$20 for a solid color and \$25 for a tri-color.

Baskets/Items for the Fall Festival Silent Auction: Calling all parishioners! We are looking for silent auction baskets and items for our silent auction fundraiser. Please make up any type of "basket" that you like or any individual items, including religious items, gift certificates, gift cards, homemade items or purchased items. Please drop off any items at the parish office.

Calling all bookworms! Join the Catholic Authors Book Study. We rotate between spiritual books, literature and writings of Doctors of the Church. On September 23, we will begin discussing *Jesus and the Jewish Roots of the Eucharist: Unlocking the Secrets of the Last Supper* by Brant Pitre. We meet every 2 - 3 weeks, usually on Tuesdays from 7 - 8:30 pm in Rochester.

Archbishop's Discernment Retreat on October 24 - 26, 2025 for Catholic men, 17 - 24, (High School Juniors to age 24)

Christ the King Retreat Center, Buffalo MN

\$100 (includes all meals and 2 night's lodging)

Retreat check-in at 5pm on Friday. Retreat concludes at 1pm on Sunday. RSVP required before October 17.

Visit: <https://www.10000vocations.org/archbishops-discernment-retreat.html>

HOLY MASS TIMES

Wednesday, September 24, 2025

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, September 26, 2025

8:00am Confessions/8:30am Holy Mass

Saturday, September 27, 2025

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, September 28, 2025

7:00am Latin Holy Mass

10:30am Holy Mass

HOLY MASS INTENTIONS

September 24, 2025

Daniel & Barb Kasel & families

September 26, 2025

†Franciszek Janicki (Elizabeth Skellie)

September 27, 2025

Kim Maria Le & family

September 28, 2025

†Darlene Bestgen (Rob & Sue Bestgen)

September 28, 2025

Parishioners



CHURCH OF SAINT PAUL NEWS

CHURCH OF St. Paul FAITH FORMATION:

The next Faith Formation session will be on **Wednesday, October 1** at the Church of St. Michael.

Topic for October:

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Chap. 22 *Perfect Christian Love* & Chap. 23 *Duties Flowing from Love of God & Others* (Grades 4-6); Chap. 20 *The Church, The People of God* &
Chap. 21 *The Church as a Community* (Confirmation 1, 2, & Adults)

Below is the schedule:

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

Our program is open for all of our parishioners to attend and it will benefit all ages!

WORDS TO LIVE BY: (All quotes from St. Padre Pio)

"Humility and purity of life are the wings that lift us up to God."

"Prayer is the best weapon we possess - the key that opens the Heart of God."

"Don't ever fall back on yourself when the storm is raging. Place all your Hope in our most sweet Jesus. Renew your Faith continually and never give up, for Faith never abandons anyone, much less a soul that is yearning to Love God."

"Try to be always ready and prepared to do the Divine Will which invariably has in view God's glory and the good of our souls. Oh, how delightful is the thought of doing God's will in all things!"

"Take courage. Don't be frightened and don't stop halfway on your road. Go forward all the time with fresh courage. You have nothing to fear... Jesus will be the helmsman that will steer your little spiritual ship and Mary will be the anchor."

"Don't allow sadness to dwell in your soul, for sadness prevents the Holy Spirit from acting freely. If we insist on being sad, then let it be a holy sadness at the sight of the evil that is spreading more and more in society nowadays."

"Don't worry to the point of losing your inner peace. Pray with perseverance, with Faith, with calmness and serenity."

"Love Jesus; when you Love Him much, you will Love sacrifice even more."

"Do not fear adversity; because by it, your soul is placed at the foot of the Cross which takes you to the doors of Heaven. There you will find Him Who triumphed over death, Who will introduce you to Eternal Happiness."

"Bear in mind that the more pleasing a soul is to God, the more he must be tried. Therefore, courage, and go forward, always."

"Where there is no obedience, there is no virtue; where there is no virtue, there is no good; where there is no good, there is no Love; where there is no Love, there is no God, and where there is no God, there is no Paradise."

Love, and practice simplicity and humility, and don't worry about the opinion of the world, because if this world had nothing to say against us, we would not be true servants of God."

"Always remain close to the Catholic Church, because it alone can give you True Peace, since it possesses Jesus in the Blessed Sacrament, the true Prince of Peace."



AN INVITATION FROM JESUS

Do you have no regular commitments during weekday mornings? Are you interested in growing in love with the One who loves you most - Jesus? Consider coming to Holy Mass on weekdays! Holy Mass, Confession and the Holy

Rosary are offered Tuesday through Friday at our parishes.

Come to sanctify your weekdays with Jesus - He is waiting for you!

40 Days for Life Pro-Life Speaker: 40 Days for Life will be hosting Ramona Trevino, former Planned Parenthood Manager, on Thursday, September 25, at 6pm at St. Francis Church at 1114 3rd Street SE, Rochester MN. *How Prayer and Fasting Changes Hearts and Minds* will begin at 6 pm with a Holy Half Hour at 7 pm, followed by the same presentation in Spanish at 7:30 pm. We hope you will join us and bring a friend!

WEEKLY TITHING September 14, 2025

Sunday Envelopes: \$ 370.00

Plate: \$ 158.00

Total: \$ 528.00

Gaza Relief Collection: \$ 188.00

Council of Catholic Women (CCW) Fall Meeting

Saturday, September 27, 2025

10:30 AM at Mary Herring's Gardens

5500 Highway 63 South, Rochester, MN 55904

Any questions, call Sue Hinrichs 732-5607, Maggie Eggerichs, or Donna Huneke.

Prayer from the Heart

"When someone speaks to his neighbor, he thinks about what he is saying: and all the more so the more important is the one to whom he is speaking. Therefore, since in praying we speak to the most high God, a man must be most sure to think as he prays. [According to Saint] Bernard: "When you enter the church to pray, leave outside the din of your fluctuating thoughts, so that you may be with God alone." For it is not possible that someone should speak to God whilst he is chattering to the whole world, even though he may be in silence....

We are seeking in our prayers that God might be attentive to us, according to the text: *Be attentive to me and hear me* (Ps 55:3). Now how likely is it that He will do this, if we are not attentive to ourselves?... It is from the heart that prayer takes most of its power... [According to Saint] Isidore: "Prayer is of the heart, not of the lips." For God does not attend [merely] to the words of the one beseeching Him, but He looks rather on the heart of the man who prays. So the man who does not have his heart in his prayer takes away from prayer what is best in it. So it is clear from all this that the heart's intention is necessary in prayer... So that this may be more easily done, the heart must be first recollected when one comes to pray...

However, it should be known that even when from human weakness someone cannot have his heart firmly in his prayers, he should not for that reason grow weary of praying, since even though a poor man may not be continuously crying out, he nevertheless moves the master of the house to have pity on him simply by his bodily appeal as he sits there at the gate all day long. And much more should one trust in the Mercy of our Lord... When there was a meritorious intention at the beginning of the prayer, the whole work that follows is meritorious, even if one is not always actually thinking about it." Blessed Humbert of Romans (Blessed Humbert (c. 1200-1277) was a French Dominican friar and a prolific spiritual author, who served as Master of the Order of Preachers from 1254 to 1263.) www.aroucapress.com.

First Choice Clinic Fall Banquet—October 2, 2025: You won't want to miss this uplifting and encouraging pro-life event with our executive director, current clients, donors, and board members! Two options: noon luncheon or 6:30 PM dinner at Saint Joseph's Catholic Church, Red Wing, MN. RSVP online, via email info@firstchoiceclinic.org, or call the clinic at 651-267-4357. Visit: www.friendsoffirstchoice.org/events

HOLY MASS TIMES

Tuesday, September 23, 2025

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, September 25, 2025

8:00am Confessions/8:30am Holy Mass

Sunday, September 28, 2025

8:20am Rosary/8:25am Confessions

8:45am Holy Mass

HOLY MASS INTENTIONS

September 23, 2025 †Beverly Odegard

September 25, 2025 Duong Le family

September 28, 2025 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

A Prayer for Trust and Confidence in God's Mercy

by *St. Pio of Pietrelcina* (Feast: Sept. 23)

O Lord, we ask for a boundless confidence and trust in Your Divine Mercy, and the courage to accept the crosses and sufferings which bring immense goodness to our souls and that of Your Church. Help us to love You with a pure and contrite heart, and to humble ourselves beneath Your Cross, as we climb the mountain of holiness, carrying our Cross that leads to Heavenly Glory. May we receive You with great Faith and Love in Holy Communion, and allow You to act in us as You desire for your greater Glory. O Jesus, most adorable Heart and eternal fountain of Divine Love, may our prayer find favor before the Divine Majesty of Your Heavenly Father. Amen.



PRO-LIFE QUOTES:

"The hairsplitting difference between formed and unformed makes no difference to us. Whoever deliberately commits abortion is subject to the penalty for homicide." *St. Basil the Great (329-379), Father and Doctor of the Church*

"The fundamental human right, the presupposition of every other right, is the right to life itself. This is true of life from the moment of conception until its natural end. Abortion, consequently, cannot be a human right — it is the very opposite. It is a deep wound in society." *Pope Benedict XVI*

JOIN A PARISH SMALL GROUP! Grow in your faith along with fellow parishioners! A variety of small groups are meeting in our parishes. Check out the current small groups on the small group locator at <https://archspm.groupvitals.com/groupFinder> or contact the parish office 507-356-4280. Don't see the type of group that you are looking for? If you are interested in forming another small group, please contact Father or the parish office.

Reclaiming Sundays: The Archdiocese of St. Paul/Minneapolis has released the first video in a new video series on reclaiming the peace, rest, and leisure of Sundays with the Lord and family. As the first part of the Year III priority of *Parents as Primary Educators of Their Children*, this *Reclaiming Sundays* series will offer lasting habits to anchor each week in a joyful, prayerful, and restful observance of Sunday. Watch the video at: <https://www.youtube.com/watch?v=yMlCnkCpNlg&t=5s> For more information on the initiative, please visit: <https://www.archspm.org/sundays/>

Fall Festival Sept. 21 at St. Joachim Church, Plainview, MN:

You are invited to their Fall Festival on Sunday, Sept. 21 at 9:30-1pm. Enjoy their Farmer's Market & Bake Sale, chicken dinner, concession stand, children games, Bingo, and Kids Raffle & Cash Raffle Drawing

Fall Festival Sept. 21 at St. Pius V Church, Cannon Falls, MN:

You are invited to an afternoon of celebration, connection, and community at 10am—1:00 pm. Enjoy their KC's Grill Tent, BINGO, Wine & Kid-die Pull, Petting Zoo, Balloon Artist, Country Store, Classic Cars, 1:00 pm Live Auction, Raffle Drawing after Auction

32nd Annual Turkey Dinner at St John Baptist de la Salle Church, Dodge Center, MN: You are invited to a turkey dinner with all the fixings on Sunday, September 21, from 10am-1:00pm. Prices: adults-\$15, children 6 to 12-\$6, 5 and under-free. Enjoy bingo & bucket drawings, raffle, country store, quilts for sale, & quilt raffle!

St. Mary CCW Harvest Bazaar: Saturday, October 4, 9am-2pm at Bellechester Community Center. Come and enjoy the church ladies' Bake Sale and Lunch! Fresh-baked Sweet Rolls ~Homemade Soups ~Sandwiches Large Assortment of Pies ~Coffee~Milk~Pop~ Drawing Tickets Face Painting ~Door Prizes **Vendors will be selling:** Wood Items, Christmas Items, Jewelry, Norwex Products, Jam/Pumpkins, Homemade Items, Greeting Cards, Sewing Items, Discovery Toys, Goat milk products, Rugs, Bird houses, Blankets, Scentsy, Button Art

<p>MAXON FAMILY Parishioner</p> <p>Cremation & Life Celebrations 1624 37th Street NW, Rochester, MN 55901</p>	<p>Nilssen's SINCE 1903</p> <p>Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com</p>	<p>ZUMBROTA MINI STORAGE</p> <p>LIGHTING—PAVED 24 HOUR ACCESS</p> <p>507-696-4406</p>	
<p>PORK & PLANTS</p> <p>Pork & Plants Heritage Farm ERIC KREIDERMACHER & FAMILY Red Wattle Pork* Grass-fed Beef* Pastured Chicken*</p> <p>*no corn, no soy, non-GMO, and vaccine free Meat is available year-round as individual cuts, bundles, and whole or half animals. Pickup and limited delivery available (507) 458-2175 Email: eric@porkandplants.com www.porkandplants.com "Healthy Land, Healthy Meat, Healthy Families"</p>	<p>Mahn Family Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 mahnfamilyfuneralhome.com</p>	<p>QUARRY HILL FAMILY DENTAL DR. MOLLY JARRETT PARISHIONER Monday and Tuesday 7-5pm, Wednesday 7:30-5pm, Thursday 11-5pm www.quarryhillfamilydental.com 507-216-9891 828 11th Ave NE, Rochester, MN Comfortable, Convenient Dental Care for the Entire Family</p>	
<p>Reliable HEATING & COOLING 507-732-4777 24 Hr. Emergency Service</p> <p>Residential & Light Commercial Serving Zumbrota & Surrounding Communities</p>	<p>Owen Locker Plant</p> <p>110 2nd St. NE Pine Island, MN 55963 507-356-8612</p>	<p>MSR FINANCIAL SOLUTIONS</p> <p>Accountants that you can trust Yasmine Ramirez CPA, MBA 718-825-8196 yramirez@mrfinancialsolution.com Fractional CFO, Consulting, Budgeting, Accounting, Bookkeeping Corporate, & Individual tax returns</p>	<p>DO YOU OR A LOVED ONE STRUGGLE TO CARE FOR YOUR FEET?</p> <p>Welcome to Foot Care Professionals!</p> <p>Providing medical care for your feet</p> <ul style="list-style-type: none"> Toenail trimming & debridement Callus paring Swift microwave therapy for wart removal KeryFlex nail reconstruction OnyFix nonsurgical ingrown toenail correction <p>Call 507-269-7827 for appointment or book online at footcaremn.com</p> <p><small>Shelia Burthel, MSN, CNRN, Nurse Practitioner, Certified Foot Care Specialist</small></p>
<p>Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to complete the Essential 3 or do updates.</p>	<p>Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net</p> <p>St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475</p>		<p>ST. PIO KNIGHTS OF COLUMBUS COUNCIL 16016</p> <p>JOIN US Brother Knights of our Council invite you to join us. Contact the Parish Office visit: www.kofc.org/join</p>