

July 13, 2025
Fifteenth Sunday in Ordinary Time

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

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OFFICE HOURS: Tues-Thurs 9am-noon & 1pm-5pm, Fri 9am-noon

Website: <http://www.stpaulstmichael.com>

BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on

Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Parishioners,

This past Friday, July 11, we celebrated the Feast of St. Benedict of Nursia (Abbot and Founder; b. cir. 480 – d. 547). He is known as the founder of the Benedictine Order, as well as the Benedictine Monastery at Monte Cassino. He is called the Father of Western monasticism. He wrote the Rule of St. Benedict that eventually became the norm for monastic life throughout Europe. He was known for great sanctity and worked many great wonders in honor of our good Lord during his lifetime. His famous sister, St. Scholastica, also founded a women's monastic order. St. Benedict was named the Patron Saint of all of Europe by Pope St. Paul VI. Many people wear the Medal of St. Benedict on their person or have one in their home. If you do not have a St. Benedict Medal, I encourage you to practice devotion to St. Benedict through the use of the St. Benedict Medal! I include a summary of the St. Benedict Medal to learn more about this great devotion:

"Many Catholics proudly wear the St. Benedict Medal. It is a sacramental containing many symbols and prayers that can remind us to hold fast against temptation.

During his life, Benedict was known to work many miracles through the power of the Holy Cross. These included his heroic conquering of temptations and his miraculous vanquishing of attempts to kill him. By making the Sign of the Cross over a glass of wine that had been poisoned, for example, the glass shattered and he was spared from drinking it.

These miracles, and his devotion to Christ's Cross, led to the creation of the St. Benedict Medal. It was a Jubilee medal first struck in 1880 by the Archabbey of Monte Cassino to commemorate the 14th centenary of St. Benedict's birth.

On the front of the medal, St. Benedict can be seen holding a cross in his right hand and the Rule he wrote for his monks in his left. To the right there is an image of the poisoned cup which he was once given.

On the other side of Benedict, a raven can be seen. This is because an enemy once sent him poisoned bread; God sent a raven to take the loaf and fly off with it, thereby protecting Benedict from harm. The letters on the medal contain either whole phrases in Latin or the first letter of each word in these phrases. What do they mean in English?

Front of the Medal:

Crux Sancti Patris Benedicti

The Cross of our Holy Father Benedict

Eius in obitu nostro praesentia muniamur

May we at our death be fortified by his presence

Back of the Medal:

Pax

Peace

On the cross in the center:

C.S.S.M.L.—N.D.S.M.D.

Welcome to the Churches of

St. Paul &

St. Michael



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

Crux Sacra Sit Mihi Lux

Non Draco Sit Mihi Dux

May the Holy Cross be my light

Let not the dragon be my guide

Circled letters at each corner of the cross:

C.S.P.B.

Crux Sancti Patris Benedicti

The Cross of our Holy Father Benedict

Initials around the perimeter:

V.R.S.N.S.M.V.—S.M.Q.L.I.V.B.

Vade Retro Satana, Nunquam Suade Mihi Vana

Sunt Mala Quae Libas, Ipse Venena Bibas

Begone Satan! Never tempt me with your vanities!

What you offer me is evil. Drink the poison yourself!" (from

www.catholiccompany.com)

Basically, this is a medal that tells the devil to go back to hell where he belongs. If you obtain this medal, it should be blessed before you begin devotional use. If you have any questions, you can contact me.

Through the intercession of Mary, Our Lady of Mount Carmel, St. Joseph, St. Michael, St. Paul, St. Benedict and St. Scholastica, may our good Lord grant us to be always free from the influence of the devil and all evil spirits!

In Christ through Mary,

Fr. Kasel

The next **Holy Hour for Men** will be held Sunday, **July 13**, at 6:30pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk on: *The Principles of Living a Holy Marriage*. All men are invited!

CHURCH OF SAINT MICHAEL NEWS

Save the Dates!

Youth Discipleship Week—August 27, 28, 29

8:30 am to Noon

Children and youth from Pre-K through 12th grade are invited to learn to share the joy of our Catholic Faith and evangelize to those who do not know Jesus. Registration forms will be available soon.

Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and game night *Thursday, July 24*, from 6:30-8:30pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk. All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish offices! God bless you!



Catholic Marriage Announcement:

Please pray for *Nathan Rewald and Rachel Schultz*, who will be united in the Sacrament of Holy Matrimony on Saturday, July 19, 2025, at the Church of St. Michael.



Mothers and Daughters are invited to join the Little Flowers Girls Club! Little Flowers is a national Catholic girls organization where girls ages 5-13 are taught how to live virtuous lives by emulating the lives of Saints. We meet monthly, normally on the 2nd

Thursday of the month at the Church of St. Michael in Pine Island. Girls have lessons, do crafts or learn hospitality skills, and have social time. If you think Little Flowers might be a fit for your daughter or for more information, please email authenticcatholicgirls@gmail.com. *Little Flowers Girls Club - Growing Holier One Virtue at a Time!*

JULY DEVOTION:

THE PRECIOUS BLOOD OF JESUS

Almighty and Eternal God, Thou hast appointed Thine only-begotten Son the Redeemer of the world and willed to be appeased by His Blood. Grant, we beg of Thee, that we may worthily adore this price of our salvation and through its power be safeguarded from the evils of the present life so that we may rejoice in its fruits forever in Heaven. Through the same Christ our Lord. Amen.

PRAYER TO THE ETERNAL FATHER

Eternal Father, I offer Thee the Most Precious Blood of Jesus Christ in atonement for my sins, and in supplication for the Holy Souls in Purgatory and for the needs of the Holy Catholic church. Amen.

PRAYER TO JESUS

We pray dear Jesus, help Thy servants, whom Thou hast redeemed with Thy Precious Blood. (from www.catholic.org)



†ADORATION of the BLESSED SACRAMENT†

Can you spend an hour with Jesus? Adoration is held at St. Paul, Zumbrota on Tuesdays from 9am-5pm and St. Michael, Pine Island on Wednesdays from 9am-5pm.

Institute of Catholic Culture Lecture Series:

DEVELOPMENT OR DECAY? The Principles of Liturgical Reform

What does it really mean for liturgical change to be "organic"? Join Gregory DiPippo as he unpacks this widely-used but controversial term in liturgical reform. Exploring how natural processes differ from human decision-making, he examines whether any liturgical change throughout Church history can truly be called organic, and offers a fresh framework for understanding how the Church's sacred worship evolves.

Details: Thursday, July 17, 2025

Pre-Class Discussion: 7:30pm EST Lecture: 8:00pm EST

Instructor: Gregory DiPippo Registration is required.

Visit: <https://instituteofcatholicculture.org/events/development-or-decay/>

Pine Island Food Shelf: items requested for July: **Pasta** - elbow macaroni, rotini, spaghetti, etc.

WEEKLY TITHING July 5-6, 2025

Sunday Envelopes:	\$ 4,275.00
Plate:	\$ 637.73
EFT:	\$ 3,695.00
Total:	\$ 8,607.73

Missionary Cooperation Plan Collection: \$ 3,546.00

Feast of Our Lady of Mount Carmel – July 16

"While Our Lady of Mount Carmel is the Patron Saint of the Carmelite Order, the basis for the universal Church honoring Mary under this title dates to her appearance to an English Carmelite St. Simon Stock in the 13th century. She gave him the Brown Scapular, a garment worn by religious over the neck and shoulders as an apron, to be worn by Carmelites 'as a sign of her protection.' It is a Marian devotional practice which, over the centuries, has spread to Catholics around the world." *Our Lady of Mount Carmel is the Patron Saint of the Carmelites, Chile, Bolivia, Protection from Danger, and for Deliverance from Purgatory*



Congratulations to:

Matthew and Melissa Toov on the baptism of their son Thomas Gerard Toov on July 5 at the Church of St. Michael.



Archdiocesan Passport Adventure: We are 175 years strong! Choose your own Passport Adventure!

There are so many ways to join in the Archdiocesan Passport Adventure!

Just a few ideas:

- Attend a parish festival: thecatholicspirit.com/festivals
- Find a time for Holy Mass, Confession or Adoration: archspm.org/parishes
- Attend a retreat or social: archspm.org/events

While you are there, be sure to grab a photo and share your adventures on social media by tagging @ArchdioceseSPM and using #175passport in your posts! Get started: archspm.org/passport

Single and Catholic? Join 400+ singles coming from all over the US (and beyond) at the 20th Anniversary National Conference for Single Catholics in Denver, Colorado on August 22nd-24th, 2025! (*Can't travel? Join the virtual option with online socials and small group discussions*). This is your chance to connect with like-minded singles of all ages. The weekend includes talks by dynamic speakers, music, social events, Holy Mass with Archbishop Samuel Aquila, Adoration, fellowship and more. (Use the promo code **PARISH25** for a discount.) Visit NationalCatholicSingles.com for more information and to register.

HOLY MASS TIMES

Wednesday, July 16, 2025

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, July 18, 2025

8:00am Confessions/8:30am Holy Mass

Saturday, July 19, 2025

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, July 20, 2025

7:00am Latin Holy Mass

10:30am Holy Mass

HOLY MASS INTENTIONS

July 16, 2025	Heart of St. Joseph Carmelites
July 18, 2025	Zachary Berns
July 19, 2025	Rachel & Nate Rewald (Eric & Laurie Schultz)
July 20, 2025	AnneRose Wanjiru
July 20, 2025	Parishioners



CHURCH OF SAINT PAUL NEWS

Save the Dates!

Youth Discipleship Week—August 27, 28, 29

8:30 am to Noon

Children and youth from Pre-K through 12th grade are invited to learn to share the joy of our Catholic Faith and evangelize to those who do not know Jesus. Registration forms will be available soon.

Put Christ First in Your Life

"Whenever you begin any good work you should first of all make a most pressing appeal to Christ our Lord to bring it to perfection; that He, Who has honored us by counting us among His children, may never be grieved by our evil deeds. For we must always serve Him with the good things He has given us in such a way that He may never - as an angry father disinherits his sons or even like a master who inspires fear - grow impatient with our sins and consign us to everlasting punishment, like wicked servants who would not follow Him to Glory.

So we should at long last rouse ourselves, prompted by the words of Scripture: *Now is the time for us to rise from sleep.* Our eyes should be open to the God-given Light, and we should listen in wonderment to the message of the Divine Voice as it daily cries out: *Today, if you shall hear His Voice, harden not your hearts;* and again: *If anyone has ears to hear, let him listen to what the Spirit is saying to the churches.* And what does the Spirit say? *Come My sons, listen to Me; I will teach you the Fear of the Lord, hurry, while you have the Light of Life, so that death's darkness may not overtake you.*

And the Lord as He seeks the one who will do His work among the throng of people to whom He makes that appeal, says again: *Which of you wants to live to the full; who loves long life and the enjoyment of prosperity?* And, if when you hear this you say, I do, God says to you: If you desire true and everlasting Life, *keep your tongue from evil and your lips from deceit, turn away from evil and do good; seek Peace and pursue it.* And when you have done these things My Eyes will be upon you and before you call upon my Name I shall say to you: Behold, *I am here.* What could be more delightful, dearest brothers, than the Voice of our Lord's invitation to us? In His loving Kindness He reveals to us the way of Life.

And so, girded with Faith and the performance of good works, let us follow in His paths by the guidance of the Gospel; then we shall deserve to see Him *who has called us into His Kingdom.* If we wish to attain a dwelling place in His Kingdom we shall not reach it unless we hasten there by our good deeds.

Just as there exists an evil fervor, a bitter spirit, which divides us from God and leads us to hell, so there is a Good Fervor which sets us apart from evil inclinations and leads us toward God and Eternal Life. Monks should put this Fervor into practice with an overflowing Love: that is, they should *surpass each other in mutual esteem*, accept their weaknesses, either of body or of behavior, with the utmost patience; and vie with each other in acceding to requests. No one should follow what he considers to be good for himself, but rather what seems good for another. They should display brotherly Love in a chaste manner; Fear God in a Spirit of Love; revere their abbot with a genuine and submissive affection. Let them put Christ before all else; and may He lead us all to Everlasting Life." (From the Rule of Saint Benedict, abbot)

PRO-LIFE QUOTES:

"God, the Lord of life, has entrusted to men the noble mission of safeguarding life, and men must carry it out in a manner worthy of themselves. Life must be protected with the utmost care from the moment of conception: abortion and infanticide are abominable crimes." *Second Vatican Council, Church in the Modern World, #51*

"The Gospel of Life is for the whole of human society. To be actively pro-life is to contribute to the renewal of society through the promotion of the common good." *St. John Paul II*

WEEKLY TITHING July 6, 2025

Sunday Envelopes:	\$ 365.00
Plate:	\$ 160.00
EFT:	\$ 1,415.00
Total:	\$ 1,940.00

Missionary Cooperation Plan Collection: \$ 925.00

Hospitality - next weekend!

We will have hospitality after Holy Mass next Sunday. Please sign up on sheet on bulletin board or call the office if you could bring any treats to share. Thank you!

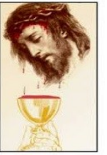
Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and game night *Thursday, July 24*, from 6:30-8:30pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk. All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish offices! God bless you!

Prayer of Protection by the Precious Blood

LORD JESUS, by Faith in Your merits, and Your Sacrificial Self-Offering to our Heavenly Father on my behalf, I now accept the Gift of Your Precious Blood. I now sprinkle Your Precious Blood over myself and my family - from the crown of my head to the very soles of my feet. I claim total and complete protection for my life and my family by Your Precious Blood.

LORD JESUS, by Your Precious Blood, keep me free today from all evil, sin, temptation, Satan's attacks and afflictions, all unholy fear, including fear of man, all sickness, diseases, all doubts, anger, all calamities and from all that is not of Thy Kingdom.

LORD JESUS, by the merits of Your Precious Blood, please fill me with the Gifts of your Holy Spirit and grant me the gift of Wisdom, Knowledge, Understanding and Discernment so that I will live today in Your Glory by doing only that which is right in Your eyes. I praise You, LORD JESUS! I thank You LORD JESUS!



Songs of Hope: The free concert is on Thursday, July 17, at 7pm, at the Zumbrota State Theatre, Zumbrota, MN. Songs of Hope offers participants a unique opportunity to live in community with kids from other countries and cultures while learning and performing music from many countries.

Each summer, a selected group of around 60 children and young adults venture to Minnesota from Europe, Asia, Africa, Latin America, the Middle East, and the U.S. They arrive as strangers but soon find themselves embraced in a closely-knit, supportive community as they learn popular songs and dances from each other's cultures. They then take their songs into neighboring communities in a joyous celebration of cultural unity, delighting their audiences along the way. For more info, visit: <https://www.soundsofhope.org/>

Help water flowers: The beautiful flowers donated by Pork and Plants will possibly need daily watering. We have Sundays open. Please sign up in the entry of the church if you would like to help. Thank you!

HOLY MASS TIMES

Tuesday, July 15, 2025

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, July 17, 2025

8:00am Confessions/8:30am Holy Mass

Sunday, July 20, 2025

8:20am Rosary/8:25am Confessions

8:45am Holy Mass

HOLY MASS INTENTIONS

July 15, 2025

July 17, 2025

July 20, 2025

†Jodi Yates (Ray Yates)

LaVonne Feuling (St. Paul CCW)

Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

The next scheduled KC Membership meeting will be August 13, at 7pm at the Church of St. Paul, Zumbrota.



Archdiocese 175th Anniversary Holy Mass

Date: Saturday, July 19, **Start Time:** 5:15 p.m.

Location: Cathedral of St. Paul, St. Paul

Catholics around the world are marking 2025 as a *Year of Jubilee*, while at the same time we as an Archdiocese celebrate 175 years since our founding on July 19, 1850. Join in this Holy Mass celebrating our 175th anniversary! After Holy Mass, join us in the Cathedral Courtyard where there will be food trucks from local vendors and plenty of space to share in fellowship and fun. There will be activities for the kids. All groups are invited to be part of the first ever Archdiocesan bean bag tournament. Register your team on the Cathedral website. Find more ways to celebrate our rich history by becoming an Archdiocesan Jubilee Pilgrim in our local Passport Adventure.

Visit: www.archspm.org/passport/

RECOVER SUNDAY AS A DAY FOR THE LORD AND FAMILY:

The 12 themes of how to reclaim Sundays

To kick off Synod Year III—*Parents as Primary Educators of Their Children in the Ways of the Faith*—the Archdiocese of Saint Paul and Minneapolis is pleased to publish *'Reclaiming Sundays: Recover Sunday as a Day for the Lord and Family.'* The guide lays out monthly themes and practical suggestions for families to build lasting habits and anchor their week in a joyful, prayerful and restful observance of Sunday. Thank you to members of the Blue Ribbon Commission for their recommendations, including this guide, to help inform and inspire parents to understand and fulfill their responsibility as the first teachers of their children in the ways of faith. Find the monthly guide at: <https://missionsupport.archspm.org/resources/reclaiming-sundays-monthly-guide-pdf/>

WORDS TO LIVE BY:

"Take, beloved son this Scapular of thy Order as a badge of my confraternity and for thee and all Carmelites a special sign of Grace; whoever dies in this garment, will not suffer everlasting fire." *The Virgin Mary to St. Simon Stock*

"Be not afraid to tell Jesus that you love Him; even though it be without feeling, this is the way to oblige Him to help you, and carry you like a little child too feeble to walk." *St. Therese of Lisieux*

"How happy I am to see myself imperfect and be in need of God's Mercy." *St. Therese of Lisieux*

"The Eucharist is a fire that inflames us, that like lions breathing fire, we may retire from the altar being made terrible to the devil."

St. John Chrysostom

"I beg the goodness of our Lord to dispose our souls for the reception of the Holy Spirit so that, burning with the fire of His holy Love, you may be consumed in the perfection of this Love which will enable you to love the most holy Will of God." *St. Louise*

"One loving heart sets another on fire." *St. Augustine*

"The devil fears hearts on fire with the Love of God." *St. Catherine of Siena*

AN INVITATION FROM JESUS

Do you have no regular commitments during weekday mornings? Are you interested in growing in love with the One who loves you most - Jesus?

Consider coming to Holy Mass on weekdays! Holy Mass, Confession and the Holy Rosary are offered Tuesday through Friday at our parishes.

Come to sanctify your weekdays with Jesus - He is waiting for you!



 Buy one Blizzard at regular price, get 2nd Blizzard at 99¢! 215 E. 18th St. Zumbrota 732-5910	ZUMBROTA MINI STORAGE LIGHTING—PAVED 24 HOUR ACCESS 507-696-4406	 Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com	MAXON FAMILY Parishioner  Cremation & Life Celebrations 1624 37th Street NW, Rochester, MN 55901
 Pork & Plants Heritage Farm ERIC KREIDERMACHER & FAMILY Red Wattle Pork* Grass-fed Beef* Pastured Chicken* *no corn, no soy, non-GMO, and vaccine free Meat is available year-round as individual cuts, bundles, and whole or half animals. Pickup and limited delivery available (507) 458-2175 Email: eric@porkandplants.com www.porkandplants.com "Healthy Land, Healthy Meat, Healthy Families"	Mahn Family Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 mahnfamilyfuneralhome.com	QUARRY HILL FAMILY DENTAL DR. MOLLY JARRETT PARISHIONER Mondays 7am-5pm, Tuesdays 8am-5pm, Wednesdays 7am-5pm, Thursdays 1-7pm 507-216-9891 828 11th Ave NE, Rochester, MN www.quarryhillfamilydental.com	Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.
 Foot Care Service 507-269-7827 3708 Broadway Ave N. Suite 130, Rochester, MN 55906 footcareprofessionalsllc@gmail.com Care provided by Sheila Buehler, APRN, CNP, CFCS Certified Foot Care Specialist Helping YOU live well with YOUR feet!	Owen Locker Plant  110 2nd St. NE Pine Island, MN 55963 507-356-8612	 Reliable HEATING & COOLING 507-732-4777 24 Hr. Emergency Service Residential & Light Commercial Serving Zumbrota & Surrounding Communities	Comfortable, Convenient Dental Care for the Entire Family!  QUARRY HILL FAMILY DENTAL
Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475	 M&R FINANCIAL SOLUTIONS Accountants that you can trust Yasmine Ramirez CPA, MBA 718-825-8196 yramirez@mrfinancialsolution.com Fractional CFO, Consulting, Budgeting, Accounting, Bookkeeping Corporate, & Individual tax returns	ST. PIO KNIGHTS OF COLUMBUS COUNCIL 16016 JOIN US Brother Knights of our Council invite you to join us. Contact the Parish Office visit: www.kofc.org/join	St. Pio Knights of Columbus COUNCIL 16016 JOIN US Brother Knights of our Council invite you to join us. Contact the Parish Office visit: www.kofc.org/join