

March 16, 2025 Second Sunday of Lent

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

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OFFICE HOURS: Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

CHURCH OF ST. MICHAEL 451 5th St. SW, Pine Island, MN 55963

Office: 356-4280 Fax: (507) 356-2080 Email: stmichaeloffice@bevcomm.net

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Website: <http://www.stpaulstmichael.com>

BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on

Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

This Sunday the Church of St. Paul hosts the annual St. Patrick's Ham Dinner at the Zumbrota VFW. I encourage all of our parishioners to support this wonderful event! Along with a fabulous meal, you can check out several great items on our silent auction. Come and enjoy the hospitality of the Church of St. Paul!

This coming Wednesday, March 19, is the Solemnity of St. Joseph! I encourage you to attend Holy Mass on this day! The month of March is dedicated to increased devotion to St. Joseph, the Spouse of the Virgin Mary and Foster Father of our Lord Jesus. Let us go to St. Joseph, with open hearts to his love for us and experience his great kindness! This weekend I share with you a reflection on the power of Conscience present in each of us. I encourage you to reflect over this message a few times this week:

"Conscience - the Light of the Soul. Conscience throws light on all of one's life. It can be deformed and hardened: O that today you would hearken to His voice! Harden not your hearts!" (Divine Office, Ps. 94:8) The liturgy repeats this to us every day of this liturgical period. And each day, in very different ways, God speaks to the heart of each one of us.

Our prayer, during Lent, aims at awakening consciences, at making them sensitive to God's voice. 'Harden not your hearts,' the Psalmist says. In fact, the numbing of consciences, their indifference to good and evil, their deviations, are a great threat for man. Indirectly, they are also a great threat for society, because in the last analysis the level of morality of society depends on the human conscience. (St. John Paul II, *Angelus*, 15 March 1981) Conscience is the light of the soul, of what is deepest in man's being; and if this light is put out, man is thrown into darkness and can commit the most dastardly abuses against himself and against others.

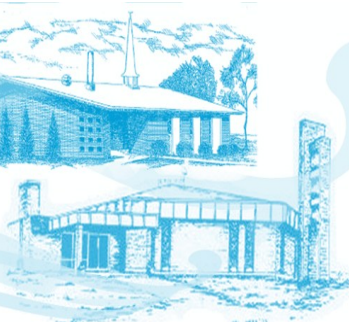
Your eye is the lamp of your body (Luke 11:34), says the Lord. Conscience is the lamp of the soul, and if it is well formed it lights up the way, a way which leads to God, and man can make progress because of it. Although he may weaken and fall, he can raise himself and continue onward. But one who has allowed this interior sensitivity 'to drowse' or 'to die' to the things of God, is now without signposts and is lost. It is one of the great misfortunes in this life which can befall a soul: *Woe to those who call evil good and good evil, who put darkness for light and light for darkness, who put bitter for sweet and sweet for bitter!* (Is. 5:20-21) proclaims the prophet Isaiah.

Jesus compares the function of conscience in our life to that of the eye. *When your eye is sound, your whole body is full of light; but when it is not sound, your body is full of darkness. Therefore be careful lest the light in you be darkness.* (Luke 11:34-35) When the eye is healthy, things are seen as they are, undistorted. A sick eye either does not see or it distorts reality; it deceives its own subject and he can come to think that events and people are in fact as his defective vision views them. When one makes a mistake in ordinary life, having falsely interpreted some facts, it can lead to problems and difficulties which are, at times, of little importance. But when the error refers to matters regarding Eternal Life, its consequences have no limit.

Conscience can be deformed through our not having used the means to get to know the Faith, or through an ill will dominated by pride, sensuality, laziness... When Our Lord complains that the Jews were not

Welcome to the Churches of

St. Paul & St. Michael



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

receiving His message, He particularly notes the deliberate nature of their decision - they did not want to believe (cf. Luke 13:34; John 10:38) - and He in no way accepted that the cause lay in a difficulty outside the will: this is a consequence of their refusal, freely chosen. *Why do you not understand what I say? It is because you cannot bear to hear My word.* (John 8:43) Passions and a lack of sincerity with oneself can come to force the intellect to think in a way more easily adapted to one's way of life, or to some defects or bad habits one does not want to give up. In such a case there is no good will; the heart is hardened, and conscience begins to drowse, for it no longer points in the right direction which would lead it to God. It is now like a broken compass which not only disorients its owner but can also affect others. *The man whose heart is hardened and whose conscience is degenerate, even if he is in full possession of his strength and physical capacities, is sick spiritually, and everything must be done to restore him to health of soul.* (St. John Paul II, *ibid.*)

Lent is a good time to ask the Lord to help us form our consciences really well, and for us to examine ourselves to see (continued on page 4)



You are all invited to the Church of St. Paul's

ST. PATRICK'S HAM DINNER & SILENT AUCTION
on Sunday, March 16, 2025 10:30am-1:00pm
at Zumbrota VFW (25 East 1st St.)

More details on page 3.



The Church of St. Michael Men's Club Fish Fries

Serving each Friday of Lent from 4:30-7:00pm

March 21, 28, April 4, & 11



STATIONS OF THE CROSS AT CHURCH OF ST. PAUL

Each Tuesday of Lent at 5:30pm

STATIONS OF THE CROSS AT CHURCH OF ST. MICHAEL

Each Friday of Lent at 7:30pm

The next **Holy Hour for Women** will be Sunday, March 23, at 6:00pm at the Church of St. Michael. Fr. Kasel will give a talk on: *What the Catholic Church Teaches on Salvation*. All women are invited!

CHURCH OF SAINT MICHAEL NEWS

CHURCH OF St. Michael FAITH FORMATION:

The next **Faith Formation session** will be on Wednesday, **April 2**, at the Church of St. Michael, Pine Island.

Topics for April: *The Sins of Man & The New Life in the Spirit (PreK-Grade 3); The Sacrament of Matrimony & The Sins of Human Beings (Grades 4-6); & The Moral Life of Christians & The Perfection of Christian Love (Confirmation 1, 2, & Adults)*

40 Days For Life Campaign: All parishioners are invited to join Fr. Kasel to pray for an end to abortion at the Rochester Planned Parenthood (1212 7th St. NW, Rochester, MN 55901) on Sunday, March 23, 2025, at 2:00pm. Plan now to give witness to honor and protect the gift of Life!

Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and game night Wed., **March 26**, from 6:30-8:30pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk. All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish offices! God bless you!

Save the dates! St. Michael Homeschool Co-op for Spring, 2025: The Church of St. Michael is offering an opportunity for children ages 3-14 to participate in a Homeschool Co-op on five (5) Fridays: April 25 and May 2, 9, 16, and 23. More details will be available soon. Contact the Office at 507-356-4280 or stmichaeloffice@bevcomm.net.



Prayer to St. Joseph (Feast day March 19):

Oh, St. Joseph, whose protection is so great, so strong, so prompt before the throne of God. I place in you all my interests and desires. Oh, St. Joseph, do assist me by your powerful intercession, and obtain for me from your Divine Son all spiritual blessings, through Jesus Christ, our Lord. So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. Oh, St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask Him to return the Kiss when I draw my dying breath. St. Joseph, Patron of departing souls - pray for me. Amen.

WORDS TO LIVE BY:

"Knowing by experience St. Joseph's astonishing influence with God, I would wish to persuade everyone to honor him with particular devotion. I have always seen those who honored him in a special manner make progress in virtue, for this heavenly protector favors in a striking manner the spiritual advancement of souls who commend themselves to him." *St. Theresa of Avila*

"He is Holy Joseph, because according to the opinion of a great number of doctors, he, as well as St. John Baptist, was sanctified even before he was born. He is Holy Joseph, because his office, of being spouse and protector of Mary, specially demanded sanctity. He is Holy Joseph, because no other Saint but he lived in such and so long intimacy and familiarity with the source of all holiness, Jesus, God incarnate, and Mary, the holiest of creatures." *St. John Henry Newman*

"Saint Joseph. One cannot love Jesus and Mary without loving the Holy Patriarch." *St. Josemaria Escriva*

"Let us love Jesus above all, let us love Mary as our mother; but then, how could we keep from loving Joseph, who was so intimately united to both Jesus and Mary? And how can we honor him better than by imitating his virtues? Now, what else did he do in all his life but contemplate, study, and adore Jesus, even in the midst of his daily labors? Behold, therefore, our model." *St. Madeleine Sophie Barat*

"A servant of Mary will have a tender devotion to St. Joseph, and by his pious homage of respect and love, will endeavor to merit the protection of this great saint." *Blessed William Joseph Chaminade*

Institute of Catholic Culture Lecture Series:

FREEDOM FROM SIN: *The Mystery of Holy Confession*

Details: Thursday, March 20

Pre-Class Discussion: 7:30pm EST Lecture: 8:00pm EST

Instructor: Rev. Joseph Mary Wolfe, M.F.V.A.

Registration is required. Visit to register:

<https://instituteofcatholicculture.org/events/freedom-from-sin>

WEEKLY TITHING MARCH 8-9, 2025

Sunday Envelopes:	\$ 2,920.00
Plate:	\$ 1,289.02
EFT:	\$ 960.00
Total:	\$ 5,169.02

COME AND JOIN US!



The Church of St. Michael Men's Club Fish Fries

Serving each Friday of Lent from 4:30-7:00pm

(March 21, 28, April 4 & 11)

Both baked & fried fish will be offered!

Take out Available!

Prices: Adults \$15.00, Children 5-12 \$6.00, Family maximum \$45.00
Hosted by: The Church of St. Michael Men's Club

STATIONS OF THE CROSS Each Friday of Lent at 7:30pm



Easter Flower Donations: Help to beautify our sanctuary and remember a loved one through a contribution for Easter Flowers! There is an envelope contribution packet for Easter flowers. The suggested donation is \$13. Please consider making a donation and put it in the Sunday collection or return to the office by Sunday, April 13. Thank you!

Quilting Bee Cause will meet on Tuesday, March 18, at 9am in the church hall. Everyone welcome.

2025 Men's Conference: *Men of Christ – Strengthened by His Real Presence* on Saturday, March 22, 8:00am-12:30pm, at the Church of the Epiphany, Coon Rapids (1900 111th Ave NW, Coon Rapids, MN 55433). This year's Catholic Watchmen Conference will begin with Mass with Archbishop Hebda and Bishop Kenney at 8:00am. Dr. Edward Sri will be the keynote speaker. Find more information and registration at archspm.org/2025-mens-conference-men-of-christ-strengthened-by-his-real-presence.

PRO-LIFE QUOTE: "You are called to stand up for life! To respect and defend the mystery of life always and everywhere, including the lives of unborn babies, giving real help and encouragement to mothers in difficult situations. You are called to work and pray against abortion." St. John Paul II, in New York, 1995

Pine Island Food Shelf: items requested for **March:**

Baking Items: baking soda or powder, cornstarch, spices, etc

HOLY MASS TIMES

Wednesday, March 19, 2025 Feast of St. Joseph

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

6:30pm Latin Holy Mass

Friday, March 21, 2025

8:00am Confessions/8:30am

Saturday, March 22, 2025

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, March 23, 2025

7:00am Latin Holy Mass

10:30am Holy Mass

HOLY MASS INTENTIONS

March 19, 2025

†Elidia Servin Bautista (Shawn Hernandez)

March 19, 2025

Intentions of Fr. Kasel

March 21, 2025

Tate Family (Carolyn Ocariz)

March 22, 2025

†Jim Clemens & †Sarah Murray
(Betty Clemens & family)

March 23, 2025

Parishioners

March 23, 2025

†Doug Henderson (Abby Slater)



CHURCH OF SAINT PAUL NEWS

CHURCH OF St. Paul FAITH FORMATION:

The next **Faith Formation session** will be on Wednesday, **April 2**, at the Church of St. Michael, Pine Island.

Topics for April: *The Sins of Man & The New Life in the Spirit (PreK-Grade 3); The Sacrament of Matrimony & The Sins of Human Beings (Grades 4-6); & The Moral Life of Christians & The Perfection of Christian Love (Confirmation 1, 2, & Adults)*

Below is the schedule:

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Adoration in Church

40 Days For Life Campaign: All parishioners are invited to join Fr. Kasel to pray for an end to abortion at the Rochester Planned Parenthood (1212 7th St. NW, Rochester, MN 55901) on Sunday, March 23, 2025, at 2:00pm. Plan now to give witness to honor and protect the gift of Life!



Stations of the Cross at the Church of St. Paul:
Each Tuesday of Lent at 5:30pm

Easter Flower Donations: Help to beautify our sanctuary and remember a loved one through a contribution for Easter Flowers! There is an envelope contribution packet for Easter flowers. The suggested donation is \$13. Please consider making a donation and put it in the Sunday collection or return to the office by Sunday, April 13. Thank you!



Prayer of St. Patrick

I arise today through a mighty Strength, the invocation of the Trinity, through belief in the Threeness, through confession of the Oneness of the Creator of creation.

I arise today through the strength of Christ's birth with His baptism, through the strength of His crucifixion with His burial, through the strength of His resurrection with His ascension, through the strength of His descent for the judgment of doom.

I arise today through the strength of the love of cherubim, in the obedience of Angels, in the service of Archangels, in the hope of resurrection to meet with reward, in the prayers of patriarchs, in the predictions of Prophets, in the preaching of Apostles, in the Faith of Confessors, in the innocence of Holy Virgins, in the deeds of Righteous Men.

I arise today, through the strength of Heaven, the light of the sun, the radiance of the moon, the splendor of fire, the speed of lightning, the swiftness of wind, the depth of the sea, the stability of the earth, the firmness of rock.

I arise today, through God's strength to pilot me, God's might to uphold me, God's Wisdom to guide me, God's eye to look before me, God's ear to hear me, God's Word to speak for me, God's hand to guard me, God's shield to protect me, God's host to save me from snares of devils, from temptation of vices, from everyone who shall wish me ill, afar and near.

I summon today all these powers between me and those evils, against every cruel and merciless power that may oppose my body and soul, against incantations of false prophets, against black laws of pagandom, against false laws of heretics, against craft of idolatry, against spells of witches and smiths and wizards, against every knowledge that corrupts man's body and soul.

Christ to shield me today against poison, against burning, against drowning, against wounding, So that there may come to me an abundance of reward.

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me, Christ above me, Christ on my right, Christ on my left, Christ when I lie down, Christ when I sit down, Christ when I arise, Christ in the heart of every man who thinks of me, Christ in the mouth of everyone who speaks of me, Christ in every eye that sees me, Christ in every ear that hears me.

I arise today through a mighty strength, the invocation of the Trinity, through belief in the Threeness, through confession of the Oneness of the Creator of creation.

WEEKLY TITHING March 9, 2025

Sunday Envelopes:	\$ 1,090.00
Plate:	\$ 110.00
Total:	\$ 1,200.00

54th Annual St. Patrick's Ham Dinner and SILENT AUCTION

Sunday, March 16, at Zumbrota VFW, (25 East 1st St.)
10:30 AM to 1:00 PM



Today we are hosting our Annual
St. Patrick's Ham Dinner and Silent Auction!

Bring your family & friends and join us at the Zumbrota VFW.

Prices: Adults: \$16.00, Children 6-12: \$6.00, Under 6: free
Available for Dine-In & Take Out

Church cleaning:

All are welcome to join us for a **spring church cleaning** party on Wednesday, April 9, at 9:30am (after Holy Mass) at the Church of St. Paul. We will be washing the pews, some windows and walls, and vacuuming. We will have buckets, rags and cleaning solutions. Please bring gloves if you prefer. Thank you in advance for agreeing to help with this. Any questions contact Mary Kingsbury or the parish office.

40 days for Life: Upcoming Event: *A Second Chance at Life*, Speaker Sarah Hurm. Sarah took the abortion pill and then realized her mistake. Come hear her testimony on Wednesday, March 19, at 6:30 pm at Holy Cross Lutheran Church, 2703 9th Avenue, Rochester, MN. Please extend an invitation to others.

Jubilee Year Pilgrimage to Rome with Bishop Barron:

Bishop Barron invites young adults (ages 18-39) to join him from July 28-August 4 in Rome, Italy, for the canonization of Blessed Pier Giorgio Frassati and a special jubilee year pilgrimage. The cost is \$3,599.00/person, double occupancy (airfare not included). To register and for more information, please visit <https://www.ctscentral.net/travel-tours/diocese-of-winona-rochester-jubilee-of-young-people-pilgrimage>. A first deposit of \$1,000 is needed by March 17. April 29 is the official final date to register (full balance is due). For questions, contact Zach Rawson in the Youth Ministry & Faith Formation Office, *Diocese of Winona-Rochester*

Catholic Services Appeal for 2025: *Giving is Faith in Action!*

It is such a great reminder of what the Lord has done and calls us to do. Your continued generosity to the Catholic Services Appeal and your faith in our ministries are proof that by offering the Lord what we can, He will provide what we need. The way the Lord gave of Himself for us is a great reminder that we are united as one Church that when we come together and support our ministries we can do so much good. Each of us has benefited from our ministries.

GIVE ON-LINE: <https://www.archspm.org/catholic-services-appeal>

HOLY MASS TIMES

Tuesday, March 18, 2025

8:00am Confessions/8:30am

9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, March 20, 2025

8:00am Confessions/8:30am Holy Mass

Sunday, March 23, 2025

8:20am Rosary/8:25am Confessions

8:45am Holy Mass

HOLY MASS INTENTIONS

March 18, 2025 Respect for the dignity & sanctity of Human Life

March 20, 2025 Margaret Tschann (Chelsey Tschann)

March 23, 2025 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 1) whether we are being radically sincere with ourselves, with God and with those people who in His Name have the mission of advising us.

A well-formed conscience. Doctrine and life. Example: The Light which is in us does not spring up from within ourselves, from our subjectivity, but from Jesus Christ. *I am the Light of the world*, He has told us, *he who follows Me will not walk in darkness*. (John 8:12) His Light brightens our consciences; but even more, it can turn us ourselves into a light that will illuminate the lives of others: *you are the light of the world*. (Matt. 5:14) The Lord puts us Christians in the world so that, with the Light of Christ, we can point the way to others. We will do so by word, but especially through our behavior as regards professional, family and social obligations. We should therefore get to know very well the limits beyond which we cannot go with respect to our honor and Christ's morality: we should become aware of the good we can do and are doing, know clearly how an honest professional and a good Christian cannot permit himself to act, and to avoid any such action; if we have made a mistake we should know how necessary it is to seek pardon, to make amends for it, and reparation also, if such is needed. The mother of a family, who has the running of her home as her sanctifying task, ought to ask herself in her prayer if she is exemplary in fulfilling her obligations towards God, if she lives sobriety, if she is managing to dominate any tendency to ill-humor, if she dedicates the necessary time to her children and to the home... The businessman ought frequently to consider whether he is using all the means necessary to get to know the social doctrine of the Church, whether he make the effort to put this teaching into effect in his business dealings, whether he pays just wages...

Christian life is enriched when the teachings Our Lord conveys to us through His Church are put into effect in daily life. Doctrine then assumes all its inherent power. Doctrine and life are realities for a well-formed conscience. When, through a more or less culpable ignorance the doctrine is not known, or when although known it is not put into

practice, Christian living becomes impossible, and real advance along the road to sanctity is out of the question.

We all need to form for ourselves a true and refined conscience, which readily listens to the voice of God in everyday matters. Doctrine (as regards the knowledge of moral and social teaching) and life (the effort to practice the Christian virtues) are two essential requisites for educating one's conscience. On occasion, faced with the 'grey areas', that are not unfamiliar in our professional work, we have to consider the situation in the presence of God: whenever necessary we should insist on receiving the best and most opportune advice from those who can clarify such matters for our conscience, and then put into practice the decisions we have made on our own responsibility.

We learn to be sincere with ourselves in the general and particular examination of conscience, to call our errors, weaknesses and faults against generosity by their real names, without masking them with false justifications or disregarding them as non-issues. A conscience which does not recognize its faults leaves man at the mercy of his own caprice." (From *In Conversation with God*, by Francis Fernandez) Through the intercession of Mary, Our Lady of Victory, St. Joseph, the Terror of demons, St. Michael, St. Paul and our Guardian Angels, may our good Lord grant us the grace to possess well-formed consciences! In Christ through Mary,
Fr. Kasel

Kitui Living Water Program- Lent 2025

Give change... change lives: Here we are at another season of Lent! Water bottles are again available to support our brothers and sisters in Kitui, Kenya through the Partnership of Kitui program. The people in the vicinity of Kitui regularly experience rain and water shortages. This collection is a way for us to help them! Questions regarding the Kitui Partnership may be directed to the parish office. Thank you, ahead of time, for any contributions you are able to make!

 Buy one Blizzard at regular price, get 2nd Blizzard at 99¢! 215 E. 18th St. Zumbrota 732-5910	ZUMBROTA MINI STORAGE LIGHTING—PAVED 24 HOUR ACCESS 507-696-4406	 Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com	MAXON FAMILY Parishioner  Cremation & Life Celebrations 1624 37th Street NW, Rochester, MN 55901
 Pork & Plants Heritage Farm ERIC KREIDERMACHER & FAMILY Red Wattle Pork* Grass-fed Beef* Pastured Chicken* *no corn, no soy, non-GMO, and vaccine free Meat is available year-round as individual cuts, bundles, and whole or half animals. Pickup and limited delivery available (507) 458-2175 Email: eric@porkandplants.com www.porkandplants.com "Healthy Land, Healthy Meat, Healthy Families"	Mahn Family Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 mahnfamilyfuneralhome.com	QUARRY HILL FAMILY DENTAL DR. MOLLY JARRETT PARISHIONER Mondays 7am-5pm, Tuesdays 8am-5pm, Wednesdays 7am-5pm, Thursdays 1-7pm 507-216-9891 828 11th Ave NE, Rochester, MN www.quarryhillfamilydental.com	Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.
 Foot Care Service 507-269-7827 3708 Broadway Ave N. Suite 130, Rochester, MN 55906 footcareprofessionalsllc@gmail.com Care provided by Sheila Buehler, APRN, CNP, CFCS Certified Foot Care Specialist Helping YOU live well with YOUR feet!	Owen Locker Plant  110 2nd St. NE Pine Island, MN 55963 507-356-8612	 Reliable HEATING & COOLING 507-732-4777 24 Hr. Emergency Service Residential & Light Commercial Serving Zumbrota & Surrounding Communities	Comfortable, Convenient Dental Care for the Entire Family!  QUARRY HILL FAMILY DENTAL
Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475	 Accountants that you can trust Yasmine Ramirez CPA, MBA 718-825-8196 yramirez@mrfinancialsolution.com Fractional CFO, Consulting, Budgeting, Accounting, Bookkeeping Corporate, & Individual tax returns	ST. PIO KNIGHTS OF COLUMBUS COUNCIL 16016 JOIN US Brother Knights of our Council invite you to join us. Contact the Parish Office visit: www.kofc.org/join	