

July 20, 2025
Sixteenth Sunday in Ordinary Time

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

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BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

This week (from July 20-26) we celebrate Natural Family Planning Awareness Week. This week presents us a wonderful opportunity to thank our Lord Jesus for the wonderful gift of family life. Family life, as created and intended by our Creator, is the foundation of our civilization. The more we understand its foundational role within the human family, the more we can be appreciative and help others to know the beauty and wonder of family life as intended by God. The United States Catholic Bishops have written a pastoral letter on family life. I want to share with you an abridged version of this document: **Marriage: Love and Life in the Divine Plan**

“What Is Marriage? Marriage is a natural institution established by God the Creator. It is a permanent, faithful, fruitful partnership between one man and one woman, established by their free mutual consent. It has two purposes: the good of the spouses, called the unitive purpose, and the procreation and education of children. Marriage is not merely a private institution. It is the foundation of the family, where children learn values and virtues that make them good Christians as well as good citizens. Marriage is important for the upbringing of the next generation, and therefore it is important for society. Men and women are equal as persons. As male and female, they are two different ways of being human. These differences relate them to each other in a total and complementary way. They make possible a unique communion of persons in which spouses give themselves and receive each other in love. This communion of persons has the potential to bring forth human life and thus to produce the family. No other relationship symbolizes life and love as marriage does.

The two purposes of marriage are inseparable; they are two aspects of the same self-giving. The unitive purpose of marriage means that husband and wife participate in God's own self-giving love. The two become one flesh, giving mutual help and service to each other through their intimate union. The procreative purpose recognizes that married love is by its nature life-giving. The children who result from this union are the supreme gift of marriage. Some couples experience the tragedy of infertility and may be tempted to think that their union is not complete; however, it remains a distinctive communion of persons.

Challenges to Marriage

Contemporary society poses fundamental challenges to the meaning and purposes of marriage. Four of these challenges are discussed here.

(1) Contraception. Each act of intercourse must be open to procreation, because the whole meaning of marriage is expressed in each marital act. Contraception closes off the possibility of procreation and separates the unitive and procreative meanings of marriage. This is objectively wrong and is essentially opposed to God's plan for marriage and proper human development. Deliberately separating these two meanings can damage or destroy the marriage and bring many other negative consequences, both personal and social. Natural family planning (NFP) methods enable a couple to plan their family in accord with God's design.

Welcome to the Churches of

St. Paul &

St. Michael



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

(2) Same-sex unions. Male-female complementarity is essential to marriage. It makes possible authentic union and the generation of new life. Attempts to make same-sex unions the equivalent of marriage disregard the nature of marriage. Since marriage and same-sex unions are different realities, it is not unjust discrimination to oppose the legal recognition of same-sex unions. These unions pose a serious threat to the fabric of society that affects all people.

(3) Divorce. Marriage is meant to be a lifelong covenantal union, which divorce claims to break. Troubled couples as well as divorced persons are encouraged to rely on God's help and to use the resources of the Church for support and healing. An annulment is a possibility for some divorced persons. This is a finding by a church tribunal, or court, that no valid marriage bond was formed because the requirements for valid consent were not met at the time of the wedding.

(4) Cohabitation. Many couples live together in a sexual relationship without marriage. This is always wrong and objectively sinful because the complete gift of self can only take place within the public, permanent commitment of marriage.

Marriage as a Christian Sacrament

Although marriage remains a blessing from God, Original Sin has had grave consequences for married life. As a break with God, it ruptured the original communion between man and woman.

Jesus healed this rupture when he raised marriage to the dignity of a sacrament. In marriage a man and woman become one flesh. They love each other as they love themselves and (continued on page 3)

The next **Holy Hour for Women** will be Sunday, July 27, at 6:00pm at the Church of St. Michael. Fr. Kasel will give a talk on: *The Principles of Living a Holy Marriage*. All women are invited!

Save the Dates!

**Youth Discipleship Week—August 27, 28, 29
8:30 am to Noon at the Church of St. Michael**

Children and youth from Pre-K through 12th grade are invited to learn to share the joy of our Catholic Faith and evangelize to those who do not know Jesus. Registration forms will be available soon.

Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and game night *Thursday, July 24*, from 6:30-8:30pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk. All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish offices! God bless you!

JULY DEVOTION:

THE PRECIOUS BLOOD OF JESUS

Almighty and Eternal God, Thou hast appointed Thine only-begotten Son the Redeemer of the world and willed to be appeased by His Blood. Grant, we beg of Thee, that we may worthily adore this price of our salvation and through its power be safeguarded from the evils of the present life so that we may rejoice in its fruits forever in Heaven. Through the same Christ our Lord. Amen.

PRAYER TO THE ETERNAL FATHER

Eternal Father, I offer Thee the Most Precious Blood of Jesus Christ in atonement for my sins, and in supplication for the Holy Souls in Purgatory and for the needs of the Holy Catholic church. Amen.

PRAYER TO JESUS

We pray dear Jesus, help Thy servants, whom Thou hast redeemed with Thy Precious Blood. (from www.catholic.org)



Calling all bookworms! Join the Catholic Authors Book Study. We rotate between spiritual books, literature and writings of Doctors of the Church. On August 12, we will begin discussing *On the Providence of God*, by Doctor of the Church, St. John Chrysostom. We meet every 2 - 3 weeks, usually on Tuesdays from 7 - 8:30 pm in Rochester.

Join us! See <https://archspm.groupvitals.com/groupfinder/profile/72459> or contact the parish office.

Archdiocesan Passport Adventure: We are 175 years strong! Choose your own Passport Adventure!

There are so many ways to join in the Archdiocesan Passport Adventure!

Just a few ideas:

- Attend a parish festival: thecatholicspirit.com/festivals
- Find a time for Holy Mass, Confession or Adoration: archspm.org/parishes
- Attend a retreat or social: archspm.org/events

While you are there, be sure to grab a photo and share your adventures on social media by tagging @ArchdioceseSPM and using #175passport in your posts! Get started: archspm.org/passport

PRO-LIFE QUOTES:

"Some people argue that changing laws will not eliminate abortions. It is certainly true that a change of heart is more important than a change of law. What is forgotten, however, is that the law is the great teacher. Children grow up believing that if a practice is legal, it must be moral." *John Cardinal O'Connor*

"Life is a gift from the Creator, to be spent in the service of one's brothers and sisters. It is to be accepted, respected, and promoted with every means available, and defended from every threat." *St. John Paul II*

Institute of Catholic Culture Lecture Series:

EDUCATIONAL EMERGENCY: *The Decline and Recovery of American Education*

Details: Thursday, August 7, 2025

Pre-Class Discussion: 7:30pm EST Lecture: 8:00pm EST

Instructor: Patrick Reilly Registration is required.

Visit: <https://instituteofcatholicculture.org/events/educational-emergency>

Pine Island Food Shelf: items requested for July: Pasta - elbow macaroni, rotini, spaghetti, etc.

WEEKLY TITHING July 12-13, 2025

Sunday Envelopes:	\$ 3,415.00
Plate:	\$ 1,448.00
EFT:	\$ 960.00
Total:	\$ 5,823.00

Please pray for the repose of the soul of **Robert Holmstadt**, (brother of Steve Holmstadt, parishioner), who passed away July 5, 2025. *'Eternal rest grant unto him, O Lord; and let perpetual light shine upon him. May he rest in peace. Amen. May his soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.'*



WORDS TO LIVE BY:

"It is easy to love the people far away. It is not always easy to love those close to us. It is easier to give a cup of rice to relieve hunger than to relieve the loneliness and pain of someone unloved in our own home. Bring love into your home, for this is where our love for each other must start." *St. Teresa of Calcutta*

"When a man loves a woman, he has to become worthy of her. The higher her virtue, the more noble her character, the more devoted she is to truth, justice, goodness, the more a man has to aspire to be worthy of her. The history of civilization could actually be written in terms of the level of its women." *Venerable Fulton Sheen*

"Love is never something that is ready-made, something merely 'given' to man and woman; it is always at the same time a 'task' (to) which they are set. Love should be seen as something which in a sense never 'is' but is always only 'becoming,' and what it becomes depends upon the contribution of both persons and the depth of their commitment." *St. John Paul II*

"It takes three to make love, not two: you, your spouse, and God. Without God people only succeed in bringing out the worst in one another. Lovers who have nothing else to do but love each other soon find there is nothing else. Without a central loyalty life is unfinished." *Venerable Fulton Sheen*

"We become what we love and who we love shapes what we become." *St. Clare of Assisi*

"The charity which burned in the household at Nazareth should be an inspiration for every family. All the Christian virtues should flourish in the family, unity should thrive, and the example of its virtuous living should shine brightly." *St. John XXIII*

"Marriage is to help married people sanctify themselves and others. For this reason they receive a special Grace in the Sacrament which Jesus instituted. Those who are called to the married state will, with the Grace of God, find within their state everything they need to be holy." *St. Josemaría Escrivá*

HOLY MASS TIMES

Wednesday, July 23, 2025

9:15am Holy Mass (note: change of time this week only)

9:45am-5:00pm Adoration of the Blessed Sacrament

Friday, July 25, 2025

8:00am Confessions/8:30am Holy Mass

Saturday, July 26, 2025

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, July 27, 2025

7:00am Latin Holy Mass

10:30am Holy Mass

HOLY MASS INTENTIONS

July 23, 2025	Alexander Monosmith
July 25, 2025	Kim Maria Le & family
July 26, 2025	†Les Rolfson (Barb Rolfson)
July 27, 2025	Parishioners
July 27, 2025	†Floyd Hansen



Save the Dates!

**Youth Discipleship Week—August 27, 28, 29
8:30 am to Noon at the Church of St. Michael**

Children and youth from Pre-K through 12th grade are invited to learn to share the joy of our Catholic Faith and evangelize to those who do not know Jesus. Registration forms will be available soon.

Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and game night *Thursday, July 24*, from 6:30-8:30pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk. All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish offices! God bless you!

(From Father Kasel - from page 1) cherish each other's bodies as their own. This union is an image of Christ's love for his Church. Spouses are called to give themselves to each other as fully as Christ gave himself to his Church.

When the baptized spouses exchange their promises of loving and permanent fidelity before the Church, their marriage covenant becomes a participation in the unbreakable covenant between Christ and the Church. The Holy Spirit binds the spouses together and enables them to perform acts of self-giving love to the benefit of themselves, their families, and the whole Church. In this way their marriage does more than symbolize Christ's love; it makes that love present in the world. In order to imitate Christ's love for his Church, the relationship between man and woman needs healing. Their relationship is not a one-sided subjection of the wife to the husband, but a mutual subjection of husband and wife, following St. Paul's charge to "be subordinate to one another out of reverence for Christ" (Eph 5:21).

Marriage and Family: A Communion of Love

The Christian married couple, with their children, forms an image of the Trinitarian God: Father, Son and Holy Spirit. Marriage and family life images the Trinity in two ways. First, like the Trinity, marriage is a communion of love between co-equal persons, beginning with husband and wife and extending to all the members of the family. Second, just as Trinity's love is life-giving, a married couple's love conceives and cares for children. In addition to reflecting the Trinity, the family is a microcosm of the Church. The ancient expression "domestic church" accurately describes the family because it is a small communion of persons that draws its sustenance from the larger Church and reflects its life in unique ways. Within this domestic church, parents have a special responsibility to teach children the faith and help them to grow in virtue. The family matures as a domestic church by participating in the life and worship of the larger Church, especially Sunday Eucharist. In the Eucharist, members of the family are most fully united to Christ, to one another, and to their brothers and sisters throughout the world. Christian spouses in a mixed marriage (between a Catholic and a baptized person who is not Catholic) witness to the universality of God's love, even without sharing the Eucharist. They can make an important contribution towards Christian unity. Sometimes, Catholics marry non-Christians. These marriages are not sacramental, although the parties do commit to fidelity, permanence, and openness to children. Both types of unions face particular challenges, especially the religious upbringing of children. The Catholic party needs to take seriously the promise to maintain his or her Catholic faith and to do all in his or her power to have the children baptized and raised Catholic. Marriage is a vocation, or divine call, as necessary and valuable to the Church as other vocations. Discernment of and preparation for marriage is a process that begins early in life and continues through the engagement period. Because marriage is for the good of the Church and the entire community, the Church and the state have an obligation to help support and sustain marriage. Growth in Virtue with God's grace, couples are called to grow in holiness. A holy marriage is made up of many virtues. Fundamentally, the couple lives out the theological virtues of faith, hope and love. Love is the heart of the vocation of (continued on page 4)

WEEKLY TITHING July 13, 2025

Sunday Envelopes:	\$ 1,024.00
Plate:	\$ 316.00
Total:	\$ 1,340.00

Dear Parishioners:

You are invited this Sunday, July 20, to join me for an information session on the Reimagining our Sanctuary Project! This will take place after the Sunday morning Holy Mass in the social hall. I hope you can join us! Refreshments will be provided. God bless you,
Fr. Kasel



Please pray for the repose of the soul of *Lois Proulx* (mother of Jennifer Ohr, parishioner), who passed away July 15, 2025. *'Eternal rest grant unto her, O Lord; and let perpetual light shine upon her. May she rest in peace. Amen. May her soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.'*

The Beautiful Indwelling of the Trinity

"I behold You, O God, Father, Word, and Spirit, and I know You are looking for Your creature with sovereign Wisdom and eternal Goodness; so that it seems that You have no glory or pleasure except in Your creature who is yet so vile. Your Spirit is the Love by which You try to attract him. And his heart which receives this Spirit is like the bush that Moses saw, burning but not consumed. With supreme Purity, it burns with the desire that God may never be offended, and it is consumed with the desire that God be honored, although it does not seem to be consumed. Come, come, Holy Spirit! Come, union of the Father, contentment of the Word, glory of the Angels. O Spirit of Truth, You are the reward of the Saints, the refreshment of souls, Light in darkness, wealth of the poor, treasure of those who love, abundance of food for the hungry, comfort of pilgrims, and in a word, the One who contains all treasures.

O Holy Spirit, with everlasting Wisdom You gently urge rational creatures who want to receive Your gifts, but You do not take away their liberty. You knock at all hearts, but You knock gently, urging each one to prepare to receive these gifts. Softly singing, You are the source of sweet tears. Rejoicing and lamenting, You strive ardently that everyone may be disposed to receive You. May the intellect admire, the will and memory understand Your immense Goodness, O Holy Spirit, in infusing Yourself and all Your gifts into the soul! O Spirit proceeding from the Father and the Word, You infuse Yourself into the soul so gently that it does not understand You, and, not being understood, Your ineffable gift is esteemed by few. Yet besides Your Goodness, You infuse into the soul the Power of the Father, and the Wisdom of the Son. The soul, having thus become powerful and wise, is made fit to bear You within itself as a sweet Guest, cherishing You, that is, behaving in such a way that You take pleasure in it and do not leave it." (St. Mary Magdalene de' Pazzi († 1607) was a Carmelite nun and mystic in Florence, Italy.)

HOLY MASS TIMES

Tuesday, July 22, 2025

9:15am Holy Mass (note: change of time this week only)
9:45am-5:00pm Adoration of the Blessed Sacrament

Thursday, July 24, 2025

5:00pm Holy Mass (note: change of time this week only)

Sunday, July 27, 2025

8:20am Rosary/8:25am Confessions
8:45am Holy Mass

HOLY MASS INTENTIONS

July 22, 2025 †Lorraine Mandler
July 24, 2025 †John & Mary Brumm
July 27, 2025 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 3) marriage. It calls spouses to imitate Jesus by their willingness to sacrifice themselves in everyday situations for each other and their children. Couples must also grow in the moral virtues of prudence, justice, fortitude, and temperance.

Two virtues that are sometimes overlooked are chastity and gratitude. Marital chastity means that the couple's love is total, faithful, exclusive and open to life. It protects a great good: the communion of persons and the procreative purpose of marriage. Marriage is a school of gratitude, in which husband and wife are thankful for the gift of each other. They express their joyous gratitude in giving themselves completely to each other. Their gratitude leads them to be open to children and to be generous towards others. Growth in virtue is a lifelong journey, in which the spouses become more like Christ so that they can more perfectly love each other as Christ loves his Church.

The Eucharist

In the Eucharist, Catholic couples meet Christ, the source of their marriage. This encounter moves them to reach out in love to the broader Church and to the world. The Eucharist nourishes the virtue of marital hospitality and helps the couple to recognize God's image in others. This hospitality builds up the Church and makes it a stronger witness to Christ's love in the world.

A marriage that is truly in Christ is a sign of the Kingdom that is coming. At the end of time, at the celebration of the heavenly wedding banquet, the love to which the spouses have been called will find its completion when the entire Church is assumed into the glory of the risen Christ."

Through the intercession of the Holy Family of Jesus, Mary, and Joseph, and our patrons, St. Michael and St. Paul, may God bless all of our families!

In Christ through Mary,
Fr. Kasel

The next scheduled **KC Membership meeting** will be August 13, at 7:00pm at the Church of St. Paul, Zumbrota.

Celebrate NFP Awareness Week: July 20-26, 2025

This year's theme from the United States Conference of Catholic Bishops is, **Pursue a lasting love... MARRIAGE - Create hope for the future!**

The United States Conference of Catholic Bishops has designated the last week of July as NFP Awareness Week. Natural Family Planning (NFP) offers a scientific and marriage building opportunity by learning about one's fertility. NFP Awareness Week supports couples by bringing knowledge and understanding of God's gift of being a Co-Creator with Him within spousal love. NFP Awareness Week includes the anniversary of the papal encyclical *Humanae Vitae* (July 25) and the feast of Sts. Joachim and Anne (July 26). Human life is a beautiful, sacred gift and is to be cherished by all. More resources can be found at www.usccb.org/topics/natural-family-planning/national-nfp-awareness-week. This is a great time to learn about NFP and God's plan for married love!

RECOVER SUNDAY AS A DAY FOR THE LORD AND FAMILY:

The 12 themes of how to reclaim Sundays

To kick off Synod Year III—*Parents as Primary Educators of Their Children in the Ways of the Faith*—the Archdiocese of Saint Paul and Minneapolis is pleased to publish 'Reclaiming Sundays: Recover Sunday as a Day for the Lord and Family.' The guide lays out monthly themes and practical suggestions for families to build lasting habits and anchor their week in a joyful, prayerful and restful observance of Sunday. Thank you to members of the Blue Ribbon Commission for their recommendations, including this guide, to help inform and inspire parents to understand and fulfill their responsibility as the first teachers of their children in the ways of faith. Find the monthly guide at: <https://missionsupport.archspm.org/resources/reclaiming-sundays-monthly-guide-pdf/>.

 Buy one Blizzard at regular price, get 2nd Blizzard at 99¢! 215 E. 18th St. Zumbrota 732-5910	ZUMBROTA MINI STORAGE LIGHTING—PAVED 24 HOUR ACCESS 507-696-4406	 Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com	MAXON FAMILY Parishioner  Cremation & Life Celebrations 1624 37th Street NW, Rochester, MN 55901
 Pork & Plants Heritage Farm ERIC KREIDERMACHER & FAMILY Red Wattle Pork* Grass-fed Beef* Pastured Chicken* *no corn, no soy, non-GMO, and vaccine free Meat is available year-round as individual cuts, bundles, and whole or half animals. Pickup and limited delivery available (507) 458-2175 Email: eric@porkandplants.com www.porkandplants.com "Healthy Land, Healthy Meat, Healthy Families"	Mahn Family Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 mahnfamilyfuneralhome.com	QUARRY HILL FAMILY DENTAL DR. MOLLY JARRETT PARISHIONER Mondays 7am-5pm, Tuesdays 8am-5pm, Wednesdays 7am-5pm, Thursdays 1-7pm 507-216-9891 828 11th Ave NE, Rochester, MN www.quarryhillfamilydental.com	Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.
 Foot Care Service 507-269-7827 3708 Broadway Ave N. Suite 130, Rochester, MN 55906 footcareprofessionalsllc@gmail.com Care provided by Sheila Buehler, APRN, CNP, CFCS Certified Foot Care Specialist Helping YOU live well with YOUR feet!	Owen Locker Plant  110 2nd St. NE Pine Island, MN 55963 507-356-8612	 Reliable HEATING & COOLING 507-732-4777 24 Hr. Emergency Service Residential & Light Commercial Serving Zumbrota & Surrounding Communities	Comfortable, Convenient Dental Care for the Entire Family!  QUARRY HILL FAMILY DENTAL
Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475	 MSR FINANCIAL SOLUTIONS Accountants that you can trust Yasmine Ramirez CPA, MBA 718-825-8196 yramirez@mrfinancialsolution.com Fractional CFO, Consulting, Budgeting, Accounting, Bookkeeping Corporate, & Individual tax returns	ST. PIO KNIGHTS OF COLUMBUS COUNCIL 16016 JOIN US Brother Knights of our Council invite you to join us. Contact the Parish Office visit: www.kofc.org/join	