June 22, 2025 The Most Holy Body and Blood of Christ (Corpus Christi)

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

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BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the

right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

The month of June is dedicated to increased devotion to the Sacred Heart of Jesus. Let us ask our good Lord for the Grace to know and understand His personal love for each one of us!

This Sunday we celebrate Corpus Chisti - the Body of Christ! This week I share with you a meditation on the Holy Eucharist. I encourage you to reflect over this message a few times this week:

"Corpus Christi - The Eucharist: Substantial Presence of Christ. **Transubstantiation:** Visus, tactus, gustus in te fallitur... Sight, touch and taste in Thee are each deceived; The ear alone most safely is believed. I believe all the Son of God has spoken: Than truth's own word there is no truer token. (Hymn, Adoro te Devote)

When our sight, touch and taste make a judgment about the true, real and substantial presence of Christ in the Eucharist, each one of these senses totally fails us. They can grasp the external appearances, the accidents; they can perceive the color, the smell, the shape and the quantity of the bread or of the wine, but they are unable to infer from them the underlying reality, because they lack the information that is given only by Faith, and that come to us only in the words by which Divine Revelation has been transmitted to us: The ear alone most safely is believed. That is why when we contemplate this ineffable mystery with the eyes of our soul we must do so with humble reverence, not following human arguments, which ought to be hushed, but in steadfast adherence to Divine Revelation (Paul VI, Mysterium Fidei, 3 September 1965), in order to make it possible for us to grasp this true and mys-

The Church teaches us that Christ becomes really present in the Blessed Eucharist through the conversion of the entire substance of bread into His Body and through the conversion of the entire substance of wine into His Blood, leaving unchanged only those properties of bread and wine which are open to our senses. This hidden conversion is appropriately and justly called by the Church 'transubstantiation'. (idem., Creed of the People of God, 30 June 1968) And Holy Mother Church herself warns us that any explanation given with the object of making this ineffable mystery easier to understand must maintain, without ambiguity, that order of reality which exists independently of the human mind, the bread and wine cease to exist after the consecration. From then on, therefore, the Body and Blood of the Lord Jesus, under the sacramental species of bread and wine, are truly presented before us for our adoration. (ibid.)

That order of reality which exists independently of the human mind ... After the Consecration, Jesus is present on the altar or in the tabernacle in which the consecrated Hosts are reserved, even though out of blindness I should fail to make the smallest act of Faith, or out of hardness of heart I were to make no manifestation of Love. It is not 'my fervor' that causes Him to be present - He is there.

In the fourth century, when Saint Cyril of Jerusalem wanted to explain this extraordinary Truth to some recent converts, he used, by way of example, the miracle that Our Lord performed at the wedding feast at Cana of Galilee, when He changed the water into wine. (cf. St. Cyril of Jerusalem, Mystagogical Catechesis, 4a, 2) Saint Cyril asked: if He was able to do such a wonderful thing as change water into wine, are we to think it is undignified to believe that He changed wine into His

Welcome to the Churches of



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements. EKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass Church of Saint Michael - Wednesday and Friday Confession 8am and Mass 8:30am

Blood? If He worked this wonderful miracle at a wedding feast, should we not think with still greater reason that He would give the offspring of marriage His Body and His Blood as their food? Therefore, do not look on the bread and wine as simple common elements... and, although your senses may suggest the opposite to you, your Faith must give you the certainty of what is there in reality. (ibid., 4a, 2 and 5) This reality is Christ Himself, Who, quite helpless, surrenders Himself to us. Our senses are completely deceived, but Faith gives us the greatest certainty. The Real Presence of Christ in the Tabernacle: At the miracle in Cana, the color of the water was changed and became the color of wine; the taste of the water also changed and was turned into the taste of wine - of good wine. The natural properties of water were changed... Everything about the water the servants took to Jesus was changed. Not only the appearances of the water, the accidents, but the very being of the water, its substance. The water was turned into wine by Our Lord's

Corpus Christi Sunday - June 22!

words. All the people present not only tasted but drank the excellent

In the Holy Eucharist, Jesus does not change through the words of the

priest - as He did in Cana - the accidents of bread (continued on page 3)

real wine that only a few moments before had been ordinary water.

Procession of the Holy Eucharist: We will have a procession of the Holy Eucharist after the Sunday, June 22, 8:45am Holy Mass at the Church of St. Paul, Zumbrota and after the Sunday 10:30am Holy Mass at the Church of St. Michael, Pine Island. Let us join together in public adoration and witness of our Lord's True Presence in the Holy Eucharist!



The Solemnity of the Sacred Heart of Jesus-June 27

I encourage all to celebrate the Solemnity of the Sacred Heart of Jesus! Holy Masses will be offered at the usual time on Friday, June 27 at 8:30am and also at 5:30pm (Latin) at St. Michael. Jesus, meek and humble of Heart,

make our hearts like unto Thine!

The next **Holy Hour for Women** will be on Sunday, June 29, at 6:00pm at the Church of St. Michael. Fr. Kasel will give a presentation on: The Devotion of Consoling the Heart of Jesus. All women are invited!

CHURCH OF SAINT MICHAEL NEWS

The Face of Jesus

Dear Parishioners,

If you missed *The Face of Jesus* this past June 3, I encourage you to watch this documentary film which will be showing again on Thursday, **June 26**, at 7pm at the Marcus Theatre in south Rochester.



After the main feature, learn about the *devotion to the Holy Face* with a bonus featuring U.S. clergy who detail the power of the ancient devotion and why it's gaining traction among the faithful in modern times. For more information and to get tickets, please go to: https://www.fathomentertainment.com/releases/the-face-of-jesus/ God bless you! *Fr. Kasel*

RECOVER SUNDAY AS A DAY FOR THE LORD AND FAMILY:

The 12 themes of how to reclaim Sundays

To kick off Synod Year III—Parents as Primary Educators of Their Children in the Ways of the Faith—the Archdiocese of Saint Paul and Minneapolis is pleased to publish 'Reclaiming Sundays: Recover Sunday as a Day for the Lord and Family.' The guide lays out monthly themes and practical suggestions for families to build lasting habits and anchor their week in a joyful, prayerful and restful observance of Sunday. Thank you to members of the Blue Ribbon Commission for their recommendations, including this guide, to help inform and inspire parents to understand and fulfill their responsibility as the first teachers of their children in the ways of faith. Find the monthly guide at: https://missionsupport.archspm.org/resources/reclaiming-sundays-monthly-guide-pdf/

Prayer for Priests by St. Therese of Lisieux, Carmelite
O Jesus, eternal Priest, keep Your priests within the shelter
of Your Sacred Heart, where none may touch them. Keep
unstained their anointed hands, which daily touch Your Sacred Body. Keep unsullied their lips, daily purpled with Your Precious Blood. Keep pure and unearthly their hearts, sealed with the
sublime mark of the Priesthood. Let Your holy Love surround them
and shield them from the world's contagion. Bless their labors with
abundant fruit and may the souls to whom they minister be their joy
and consolation here and in Heaven their beautiful and everlasting
crown. Amen.

AN INVITATION FROM JESUS

Do you have no regular commitments during weekday mornings? Are you interested in growing in love with the One who loves you most - Jesus? Consider coming to Holy Mass on weekdays! Holy Mass, Confession and the Holy Rosary are offered Tuesday through Friday at our parishes.

Come to sanctify your weekdays with Jesus - He is waiting for you!

Archdiocesan Passport Adventure: We are 175 years strong! Catholics around the world are marking 2025 as a Year of Jubilee, while at the same time we as an Archdiocese celebrate 175 years since our founding on July 19, 1850.

Archbishop Hebda invites you to become an Archdiocesan Jubilee Pilgrim:
Go to https://www.archspm.org/passport/ for more information and to

download and print your passport.

- From now through Sunday, October 12, try to visit seven parishes other than your own, much as Saint Philip Neri led the faithful of his day to seven churches in Rome. You could pray for one of the seven gifts of the Holy Spirit at each church.
- · Among the seven churches, try to visit our two Jubilee co-cathedral churches: the Cathedral of Saint Paul and the Basilica of Saint Mary. Look for the Jubilee Cross in each of them.
- · Perhaps visit our oldest Church of Saint Peter in Mendota and one of our newest churches. Saint Katherine Drexel in Ramsey is just about to be consecrated and St. Elizabeth Ann Seton in Hastings has just been renovated.
- Try to participate in a Mass that might expand your personal experience of liturgy—perhaps with our Maronite or Byzantine brethren, one of our immigrant communities, one of our Traditional Latin Mass communities, the Catholic deaf community, or with the University students at Saint Lawrence in Dinkytown.
- · Join us **Sunday, October 12**, for one of the morning Masses at the Cathedral and for an Ice Cream Social.

WEEKLY TITHING June 14-15, 2025

 Sunday Envelopes:
 \$ 1,485.00

 Plate:
 \$ 529.10

 EFT:
 \$ 3,480.00

 Total:
 \$ 5,494.10

Kitui Mission Collection: \$ 412.00

Additional May Cemetery Collection: \$ 150.00

Dear Parishioners: Thank you for your prayers, greetings, and acts of Charity and kindness at the time of my 20th Anniversary of Ordination! I thank God our Father for all your goodness - May our good Lord Jesus reward you!

In Christ through Mary, Fr. Kasel

The Anima Christi

The Anima Christi is a prayer from around the 14th century. It is still widely used after receiving the Body and Blood of Our Lord Jesus Christ in Holy Communion.

Soul of Christ, sanctify me
Body of Christ, save me
Blood of Christ, inebriate me
Water from side of Christ, wash me
Passion of Christ, strengthen me
O good Jesus, hear me
Within Thy wounds hide me
Suffer me not to be separated from Thee
From the malicious enemy defend me
In the hour of my death call me
And bid me come unto Thee
That I may praise Thee with Thy saints
and with Thy Angels, forever and ever. Amen.

Institute of Catholic Culture Lecture Series:

FREEDOM OR BONDAGE? Catholic Responses to Protestant Errors on Nature and Grace

Details: Thursday, June 26, 2025

Pre-Class Discussion: 7:30pm EST Lecture: 8:00pm EST Instructor: Chad Pecknold, Ph.D. Registration is required. Visit: https://instituteofcatholicculture.org/events/freedom-or-bondage?vgo_ee

St. Michael's Garden Plots Available

Need a place to plant a garden this year? There are six, 10'x20' plots available on a first come, first served basis. Plots are tilled and ready for planting. Call or text Andy Drees at 952-465-9841.

<u>Pine Island Food Shelf:</u> items requested for June: Drinks: juice boxes, teas, coffees, waters, etc.

HOLY MASS TIMES

Wednesday, June 25, 2025

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, June 27, 2025 The Solemnity of the Sacred Heart of Jesus 8:00am Confessions/8:30am Holy Mass

5:30pm Latin Holy Mass

Saturday, June 28, 2025

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, June 29, 2025

7:00am Latin Holy Mass

10:30am Holy Mass

June 27, 2025

HOLY MASS INTENTIONS

June 25, 2025 †Pyfferoen deceased family members (Paul & Mary Sutton)

Cori Paulson & †Lyle Paulson

June 27, 2025 Fr. Kasel June 28, 2025 Kate Lenn

June 29, 2025 Parishioners
June 29, 2025 Zachary Macdonald (Kay Foht)



CHURCH OF SAINT PAUL NEWS

The Face of Jesus

Dear Parishioners,

If you missed *The Face of Jesus* this past June 3, I encourage you to watch this documentary film which will be showing again on Thursday, June 26, at 7pm at the Marcus Theatre in south Rochester.



After the main feature, learn about the *devotion to the Holy Face* with a bonus featuring U.S. clergy who detail the power of the ancient devotion and why it's gaining traction among the faithful in modern times. For more information and to get tickets, please go to: https://www.fathomentertainment.com/releases/the-face-of-jesus/
God bless you! *Fr. Kasel*

(From Father Kasel from page 1) and wine (their color, taste, shape, quantity), but only their substance, the very being of bread and wine, which ceases to be bread and wine and is changed in an admirable and supernatural way into the Body and Blood of Christ. The appearances of bread remain, but there is no longer bread there; the appearances of wine remain, but there is no longer wine there. The substance of bread and the substance of wine have changed from what they were before in themselves, from that by which a thing is such and such a thing in the eyes of the Creator. God, who can create and who can annihilate, can also transform one thing into another; in the Blessed Eucharist He wanted to effect this miraculous transformation of bread and wine into the Body and Blood of Christ and for the change to be perceived only by means of Faith.

In the miracle of the multiplication of the loaves and fishes (cf. John 6:1 et. seq.), the substance and accidents did not undergo any change: there were loaves and fishes to start with, and this same food was eaten by those five thousand men who were fully satisfied. Our Lord had increased the amount of it. In Cana, He changed a certain quantity of water into the same amount of wine, without increasing it at all. In the most Blessed Sacrament, through the action of the priest, Jesus transforms the very substance, whilst the accidents, the outward appearances, remain unchanged. Christ does not come to the Sacrament of the Altar by spatial movement, as when we move from one place to another. He makes Himself present through that admirable conversion of bread and of wine into His Body and into His Blood.

Quod non capis, quod non vides animosa firmat fides... Sight has failed, nor thought conceives, but a dauntless Faith believes, resting on a power Divine. (Sequence, Lauda, Sion, Salvatorem)

Christ is present in the Holy Eucharist with His Body, His Blood, His Soul and His Divinity. It is the same Jesus as the Jesus Who was born in Bethlehem, Who had to be carried in the arms of Joseph and Mary on the flight into Egypt. It is the same Jesus as the Jesus Who grew up and worked hard in Nazareth, Who died and rose again on the third day and Who now, glorious, sits at the right hand of God the Father. It is Jesus Himself! But it is logical that He cannot be in the same way, even though His Presence is the same Presence. In the order of Christ, writes St. Thomas, His natural Being is not the same as His sacramental Being. (St. Thomas, Summa Theologiae, 3, q. 76, a. 6) But the reality of His Presence is no less in the tabernacle than in Heaven: Christ is present whole and entire, bodily present too, in His physical 'reality although not in the manner in which bodies are present in a place. (Paul VI, Mysterium Fidei, 46 cit.) There is little more we can say about this admirable presence.

When we go to visit the Blessed Sacrament we can say, in the literal meaning of the words, 'I am in the presence of Jesus, I am in front of God'. We can say this in just the same way as could have done those people who, filled with Faith, encountered Him on the roads and streets of Palestine. We too can say, 'Lord, I look at the tabernacle and my sight, touch and taste are all deceived... but my Faith pierces through the veils that cover this little tabernacle and finds You there, truly present, waiting for me to make an act of Faith, an act of Love or an act of thanksgiving... just as You patiently hoped those people would do on whom in Your public life You poured out Your power and Your Mercy. Lord, I believe, I hope, I love'.

Trust and respect for Jesus in the Blessed Sacrament: Sight, touch and taste in Thee are each deceived... It is true that in the Blessed Eucharist the senses are unable to perceive the most real Presence that exists anywhere. This is because it is a question of the Presence of a Body which is both glorified and Divine. Therefore it is a Divine Presence, a divine mode of existence, which differs essentially from the modes of being and existing of bodies which are (continued on page 4)

WEEKLY TITHING June 15, 2025

 Sunday Envelopes:
 \$ 720.00

 Plate:
 \$ 303.00

 EFT:
 \$ 1,000.00

 Total:
 \$ 2,023.00

Dear Parishioners: Thank you for your prayers, greetings, and acts of Charity and kindness at the time of my 20th Anniversary of Ordination! I thank God our Father for all your goodness - May our good Lord Jesus reward you! In Christ through Mary, *Fr. Kasel*



Congratulations to Dan Annette Fritz on their 40th Wedding Anniversary on June 1.

WORDS TO LIVE BY:

"The Eucharist is the Sacrament of Love: it signifies Love, it produces Love. The Eucharist is the consummation of the whole spiritual life." *St. Thomas Aquinas*

"To speak of the Blessed Sacrament is to speak of what is most sacred. How often, when we are in a state of distress, those to whom we look for help leave us; or what is worse, add to our affliction by heaping fresh troubles upon us. He is ever there, waiting to help us." St. Euphrasia

"If we but paused for a moment to consider attentively what takes place in this Sacrament (Holy Eucharist), I am sure that the thought of Christ's Love for us would transform the coldness of our hearts into a fire of love and gratitude." *St. Angela of Foligno*

"When the bee has gathered the dew of Heaven and the earth's sweetest nectar from the flowers, it turns it into honey, then hastens to its hive. In the same way, the priest, having taken from the Altar the Son of God (who is as the dew from Heaven, and true Son of Mary, flower of our humanity), gives Him to you as delicious Food." *St. Francis de Sales*

"All the good works in the world are not equal to the Holy Sacrifice of the Mass because they are the works of men; but the Mass is the work of God. Martyrdom is nothing in comparison for it is but the sacrifice of man to God; but the Mass is the Sacrifice of God for man." *St. John Vianney*

"If Angels could be jealous of men, they would be so for one reason: Holy Communion." *St. Maximilian Kolbe*

"Since Christ Himself has said, 'This is My Body,' who shall dare to doubt that it is His Body?" St. Cyril of Jerusalem

PRO-LIFE QUOTE:

"You formed my most inner being; you knit me in my mother's womb. I praise you, so wonderfully you made me; wonderful are your works!" *Psalm 139:13-14*

Help water flowers: The beautiful flowers donated by Pork and Plants will possibly need daily watering. We have Sundays and Fridays open. Please sign up in the entry of the church if you would like to help. Thank you!

HOLY MASS TIMES

Tuesday, June 24, 2025

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, June 26, 2025

8:00am Confessions/8:30am Holy Mass

Sunday, June 29, 2025

8:20am Rosary/8:25am Confessions

8:45am Holy Mass

HOLY MASS INTENTIONS

June 24, 2025 †John & Mary Brumm

June 26, 2025 Duong Le & family

June 29, 2025 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 3) subject to space and time.

The Eucharist never exhausts the ways in which Jesus can be present among us. He announced to us: Lo, I am with you always until the close of the age. (Matt. 28:20) He is with us in many ways. The Church reminds us that Christ is present in the needy, whether they belong to our family or whether they are strangers to us. He is present whenever we gather together in His Name. (cf. Matt. 18:20) In a special way He is present in the Divine Word... (cf. Second Vatican Council, Sacrosanctum Concilium, 7) All these are real ways of being present among us, but in the Holy Eucharist, God is present among us in a way par excellence, given that in this Sacrament Christ is there in His very Person, in a true, real and substantial way. This Presence, St. Paul VI teaches, is called 'real' not in an exclusive sense as though the other forms of presence were not 'real', but by reason of its excellence. It is the substantial Presence, by which Christ is made present here among us, whole and entire, without doubt, both God and Man. (St. Paul VI, Mysterium Fidei, 39 cit.)

Let us consider today how we should behave in His presence, and what kind of trust and respect we should have for Him. Let us ask ourselves whether our Faith becomes deeper and more penetrating when we are before the tabernacle, or whether the darkness of the senses prevails and they remain as though blind in the Presence of this Divine Reality. How often have we said to Jesus: I firmly believe, Lord, that You are here, that You see me, that You hear me; I adore You with profound reverence... The miracles of the wedding feast of Cana and the multiplication of the loaves and fishes that we considered earlier can help us try to understand better this wonder of Divine Love. In both these miracles Jesus asks others for their collaboration. The disciples distributed the food to the crowds and everyone was satisfied. In Cana He said to the servants, Fill the jars with water; and they filled them to the brim, until they could hold no more. If they had been careless and had put in less water, the amount of wine would also have been smaller. Something similar happens in Holy Communion. Even though grace is always without limit and we have not merited the honor we receive, Jesus asks us too for our collaboration; He invites us to

Missionary Co-operation Collection June 21-22:

Our parishes will host a guest priest the weekend of June 21-22. We are invited to take part in a unique opportunity to participate in the Church's worldwide mission through the Missionary Appeal Program of the Society for the Propagation of the Faith, the Church's central source of mission support.

This year, we welcome Rev. Christian Bustonera, a missionary priest from the Religious Institute of the Alagad ni Maria (Disciples of Mary) in the Philippines. He will enlighten us with his firsthand experiences in serving the youth and how their community ministers to poor mission parishes in remote, rural areas in the Philippines. Through his testimony, we would like to invite you to take part in his mission apostolate through your prayers and donations. Please be as generous as your means allow in responding to the Lord's call to support the spread of His love and hope to all people throughout the world.

Biannual Priest Gathering with the Archbishop:

Dear Parishioners, I will be attending our Biannual Priest Gathering held in Winona from June 23-26, 2025. I will gather with our Archbishop and the priests of our Archdiocese for a time of prayer and fellowship. It is a special time for all of us to connect with our Archbishop, grow in fraternity and hear some enriching talks. My availability will be limited during this time. Please use the parish office number for any emergencies. In Christ through Mary, Fr. Kasel

correspond, with our own devotion, to the grace we receive. He rewards us in proportion as He finds in our hearts that good disposition He asks us for. The constantly greater desire, the purity of our hearts, the spiritual communions, our sense of the presence of God throughout the day, and particularly when we pass close to a tabernacle... will enable us to receive more and more Grace and Love whenever Jesus comes into our hearts." (From: In Conversation with God by Francis Fernandez) Through the intercession of the Immaculate Heart of Mary, St. Joseph, St. Michael and St. Paul, may God grant us the grace of a great love for the Sacred Heart of Jesus and the Immaculate Heart of Mary! In Christ through Mary, Fr. Kasel



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Safe Environment: The Archdiocese of St. Paul/ Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.



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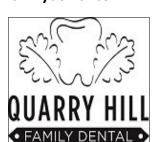
Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net

St. Paul/Minneapolis Archdiocese Victim Assistance **Program Hotline:** (651) 291-4475



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Brother Knights of our Council invite you to join us. Contact the Parish Office visit: www.kofc.org/join